



Bentley Wood High School Newsletter February 2021



Adisa The Verbalizer!

- We have a very exciting PSHE lesson for you this morning!

Adisa is a poet and a performer, and also goes by the name Adisa The Verbalizer. He travels all around to perform, and always visits year 7s at Bentley Wood in January, usually doing a performance in the hall and then a workshop in the library afterwards. He is always incredibly popular with both students and staff.

We've managed to adapt things this year so you can still have the linguistic magic and fantastic imagination of Adisa in the Virtual School

- Please join the call in the Year 7 Student Team at 9.10am with a pen and paper ready for a 9.15am start. Attendance of this will be monitored.



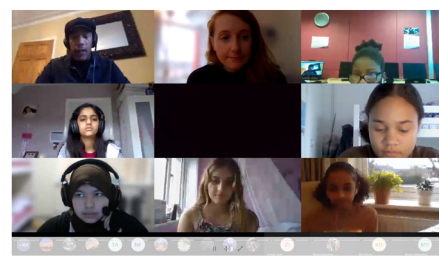
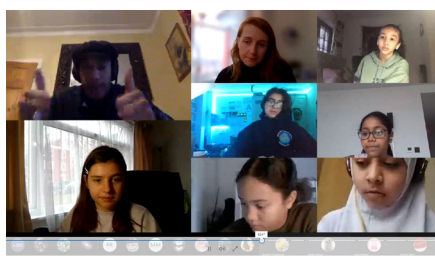
Adisa the Verbaliser online virtual poetry event

Year 7s had a great experience when Adisa the Verbaliser did an online virtual poetry event. Nearly 200 Year 7 students watched Adisa's poetry lesson. Students took part in a poetry competition and submitted their poems to their form. Here is the winner Asiyah talking about the event and her winning poem.

"Last week Year 7 had a great opportunity to have a workshop with the famous verbaliser and poet named Adisa Andwale. The workshop was not only great fun but an inspiration to many. My fellow classmates also enjoyed the workshop and we all learnt a lot more about poetry. The reason why I really enjoyed this workshop in particular is because I have always loved writing and after meeting Adisa Andwale my love for poetry and writing has flourished.

During the session we learnt many different styles of poems, how to include our emotions and got the privilege to hear a few of Adisa Andwale's poems and riddles. I will never forget this great experience that Bentley Wood gave me."

Asiyah 7SGa



Trapped

Dear future me,
I guess it's time to spill the tea,
These few years were a misery,
But hopefully that will all be history.

It's been a year and there is still no cure,
There is still a virus and nobody is sure,
This world became dangerous in a matter of time,
Just like a piece of sour lime.

There were benefits,
But even that had limits,
Kids missed out on many terms of learning,
Adults lost jobs and sat there yearning.

Throughout these times I would sit and wonder,
Or relax and ponder,
There was time for my family,
But deep in my heart there was a level of insecurity.

So, future me,
Promise me,
That in whatever year you may be,
You will show generosity,
For this virus was an eye opener you see,
This is my promise to ME!

by Asiyah 7SG

Don't forget to check our website for regular news updates:

www.bentleywood.harrow.sch.uk



Message from the headteacher

Dear Parent/Carer,

We are so proud of our girls at Bentley Wood. They are working very hard in the Digital School. Teachers and support staff are enjoying working with the girls in live lessons. We have also received very positive feedback from the girls about their learning and experiences in the Digital School.

Our vision for the Digital School mirroring our face-to-face school is shown throughout the newsletter. There are many enrichments and pastoral activities taking place. We were delighted that so many girls entered the literature and poetry competitions. You will also see the great response to 'Challenge of the Week'.

As always, we value working with parents and carers. We know that you are supporting your daughters at home. We have highly valued meeting with you during parent/carer events.

Hopefully we will be meeting with you in person during the summer term. We are planning for the girls to return on 8th March, 2021. Of course, we are awaiting confirmation from the government.

We hope you are able to have some relaxation in the half-term break. We have sent out off-screen activities for your daughters. We hope you can enjoy some together.

My very best wishes to you all.

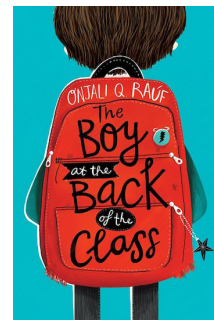
Dr Janice Howkins

Library and Literature events this half-term

Adisa's workshop wasn't the only virtual Literature event this half-term. Bentley Wood students also attended Bishops Stortford College's Festival of Literature.

Among others, the festival included big author names including Kiran Milwood Hargrave, *The Girl of Ink and Stars*, *The Island at the End of Everything* and Onjali Q. Rauf, *The Boy at the Back of the Class*.

Kiran Milwood Hargrave is one of the most exciting voices in young people's literature. Her books have won numerous awards, including Children's Book of the Year at the British Book Awards, the Waterstones Children's Book Prize, and Blackwell's Children's Book of the Year.



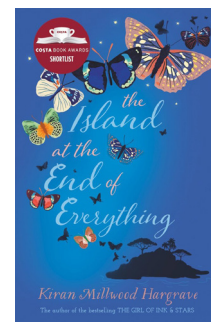
Author: Onjali Q. Rauf

She spoke to our students about her new book *A Secret of Birds and Bone* and how she weaves magic into her story telling.

The author talks came at a great time, as well as providing some lockdown entertainment, they helped inspire students entering the Library Short Story Competition.

Students were asked to write less than 1000 words, and the story could be about anything they liked!

As an extra treat, and a way to share more books during this time, every student who entered the competition was sent home a brand new book to read! Winners of the competition will be announced soon.



Author: Kiran Milwood Hargrave,

Another fun Library competition was 'Guess Who is Reading', where teachers and school staff recorded audio files of themselves reading an instalment of a short story. Students listened to the recordings on Teams and had to guess who was speaking. Some teachers even put on an accent!

Our two virtual libraries are still proving popular, and some new titles have just been added to our VLE Library, so get on and explore the new titles!

E-Platform Library: bentleywood.eplatform.co

This is our website but you can also download the 'ePlatform' app onto your phones and tablets and select our school. Your username will be your **4 digit** admissions number (Year 7's will have 00 in front of it) and everyone's password will be **Library1** until they change it.

VLE Library: www.vlebooks.com

The Best way to log in here is with your 365 account (with your school email and password)

This is a great time to read. At a time that is stressful for some of us, and boring for a lot of us, books can offer a wonderful escape. As well as benefitting you academically and improving your writing and vocabulary, reading offers a host of health benefits.

It can relieve stress and anxiety, lower your blood pressure, as well as relaxing muscle tension and aiding a good night's sleep. Now is a fantastic time to tell yourself you're going to dedicate the time that you would have spent travelling home from school to unwinding with a book. Get onto our E-Libraries or spend your pocket money on some second hand books!

Half-Term Book Recommendations

Cindarella is Dead, Kalynn Bayron

A pulsating twist on the story of Cinderella, Bayron repurposes the fairy-tale for the twenty-first century and proves that happy ever after definitely does not depend on Prince Charming.



The Gilded Ones, Namina Forna

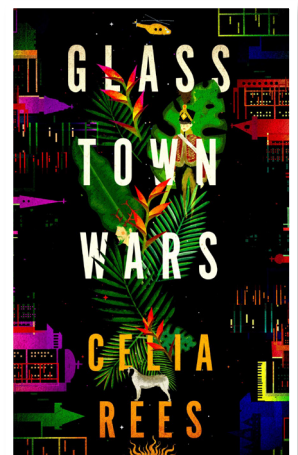
Set in a West African-inspired Ancient Kingdom under oppressive patriarchal rule, Forna's breathtaking novel follows sixteen-year-old Deka and her quest to discover her destiny as a near-immortal with magical powers.

Concrete Rose, Angie Thomas

Set seventeen years before the events of the Waterstones Children's Book Prize-winning *The Hate U Give*, *Concrete Rose* focuses on Starr's father and his attempts to do the right thing as a young dad.

Glass Tower Wars, Celia Rees

When Tom is in a coma, his friend Milo decides that he can be a guinea pig for a new gaming device - a device that will take him to a troubled world where he meets the warrior-like Augusta who is fighting to save her kingdom from takeover by her rival. With Tom at her side, she finds extra courage. Slowly but surely, Tom starts to leave his life in London behind as the two of them become ever more embroiled in a world of chaos and tension that encompasses the past, the present and the future. But life in London won't let Tom go so easily. His friends and family gather around him to try and bring him back - as does a girl from school he barely knows, who comes each day to his bedside to read to him from her favourite book - *Wuthering Heights*.



The House at the edge of Magic, Amy Sparkes

Boasting wacky wizards and troublesome trolls, Sparkes's wildly imaginative and gloriously eccentric fantasy finds an orphan pickpocket in charge of a supernatural house placed under a strange and mystical spell.

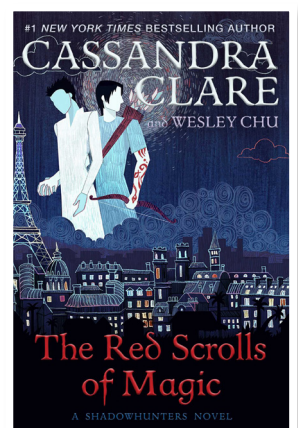


Love is a Revolution, Renee Watson

From New York Times bestselling and award-winning author Renee Watson comes a new YA--a love story about not only a romantic relationship but how a girl finds herself and falls in love with who she really is. An irresistible blend of activism, body positivity and first love, Watson's uplifting novel is a bittersweet gem with a main character to fall in love with.

The Red Scrolls of Magic, Cassandra Clare

From #1 New York Times bestseller Cassandra Clare and award-winner Wesley Chu comes the first book in a new series that follows High Warlock Magnus Bane and Alec Lightwood as they tour the world after the Mortal War. *The Red Scrolls of Magic* is a Shadowhunters novel.



Snowglobe, Amy Wilson

When daydreamer Clementine discovers a mysterious house standing in the middle of town that was never there before, she is pulled towards it by the powerful sense of a mother she never knew. The place is full of snowglobes, swirling with stars and snow and each containing a trapped magician, watched over by Gan, the bitter keeper of the house. One of these is Dylan, a boy who teases her in the real world but who is now desperate for her help.

Thin Air, Michelle Paver

One of the finest practitioners of the modern ghost story, Michelle Paver serves up another incredibly atmospheric supernatural chiller, set on the Himalayan mountainside of the 1930s. Character driven and structurally flawless, *Thin Air* is a supremely intelligent example of the power of the uncanny.

The Girls I've Been, Tess Sharpe

For five years Nora's been playing at normal - but things are far from it when she finds herself held at gunpoint in the middle of a bank heist, along with Wes (her ex-boyfriend) and Iris (her secret new girlfriend and mutual friend of Wes ... awkward). Now it will take all of Nora's con artistry skills to get them out alive.

Because the gunmen have no idea who she really is - that girl has been in hiding for far too long ...

A Phoenix First Must Burn, Patrice Caldwell

Sixteen tales by bestselling and award-winning authors that explore the Black experience through fantasy, science fiction, and magic. These stories are sharp, atmospheric and visual explorations of histories, relationships and alternate universes that you can't help but to get lost in. It will take you on a journey from folktales retold to futuristic societies and everything in between.

The Boy Who Met a Whale, Nizrana Farook

Razi, a local fisherboy, is watching turtle eggs hatch when he sees a boat bobbing into view. With a chill, he notices a small, still hand hanging over the side... Inside is Zheng, who's escaped a shipwreck and is full of tales of sea monsters and missing treasure. But the villains who are after Zheng are soon after Razi and his sister, Shifa, too. And so begins an exhilarating adventure in the shadow of the biggest sea monster of them all...

The Unlisted, Chris Kunz & Justine Flynn

Infinity aims to control the hearts, minds and bodies of the world's youth. It isn't long before Kal and the other students start developing super strength, while the kids who resisted the procedure start to go missing. Now a Netflix series!

The Girl Savage, Katherine Rundell

Wilhelmina Silver's world is golden. Living half-wild on an African farm with her horse, her monkey and her best friend, every day is beautiful. But when her home is sold and Will is sent away to boarding school in England, the world becomes impossibly difficult. For lions and hyenas are nothing compared to packs of schoolgirls. Where can a girl run to in London? And will she have the courage to survive?

A reminder about the importance of reading, and how it helps you far beyond being fun and improving your vocabulary:

Reading...

Reduces stress

Is a real factor in life success and achievements

Improves brain connectivity

Aids good sleep

Can reduce symptoms of depression

Improves capacity for empathy – this can strengthen your relationships

Lowers your heart rate

Lowers blood pressure

Relaxes tense muscles



Inspired by Literature' competition

In January, the English Prefect Team came up with the amazing 'Inspired by Literature' competition. We wanted to spark creativity in any way possible while allowing students to connect to literature.

The students took inspiration from their favourite books and characters in order to create something that displayed their love for this book in a unique way: students were baking, writing poems, making posters, even designing costumes for characters! Many students grasped their love for literature while exploring creative options with this competition and we had so much fun looking at all the entries. Here are some examples of the incredible entries we received:

Ms Bairstow

*If I'm in charge of the world...
If I were in charge of the world I'd make sure bullies weren't a thing
Everyone had something that went 'bing'
And they had a trip to anywhere { especially Beijing}
If I were in charge of the world There'd be ice-cream 24 hours a day
And no days were dreary or grey
And no one was led astray
If I were in charge of the world
You wouldn't need to worry if your assignments were late
You wouldn't need to worry if your house was in a state
You wouldn't need to worry about feeling replaced
Or anything that made you sad If I were in charge of the world
Oh and there'd be no such thing as virus'
Cause that would really cause a crisis
If I were in charge of the world*

My poem of 'The Fault in Our Stars' was made because I felt bad that people in the world only lived a short life due to disabilities or other things so I wrote this to show what I would do if I were in charge of the world so everyone at least had a wonderful life to live:

Hafsah 8PT



Musawera 7EW
Ginny Weasley at the Yule Ball



Zina 8CBB
Diary of a Wimpy Kid



1st: Marwa 10JCA - 'Two If By Sea'



3rd: Grace de-Graft Ahenkorah 9SSE - 'The Trouble with Women'



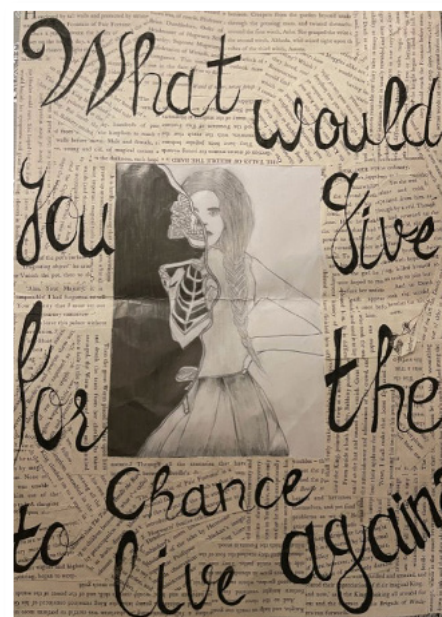
By the Year 11 English Prefect Team

Winners



2nd: Asmaa 13JOR - 'The Selection'

Runners up:



Zahra 8CBB - 'Harry Potter'

Year group assemblies in 2021

All year group assemblies have been on TEAMS this term. Students have covered lots of subjects with lots of items to motivate and reassure them about the sometimes complex issues of life outside school.

Bentley Wood continues to value the importance of assemblies which bring the whole school community the opportunity to share and get involved in current events, form opinions on themes mirroring the School's CARE core values or celebrate in special days or events of significance. Bentley Wood promotes learning through understanding, listening and sharing information allowing students to develop learning and form opinions of events which affect us all, build empathy for others and teach children the core values of life. In assembly students develop self-esteem, learn about the needs of others and be inspired to excellence.

Ms Fletcher

Year 10 Assembly: Lockdown joys

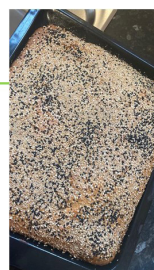
This assembly is about sharing some positivity. We looked at 'lockdown landscapes', baking creations, praise that has been shared, great Tutor ideas, appreciation comments and some of the off-screen challenges.

Ms Manzi

Baking!

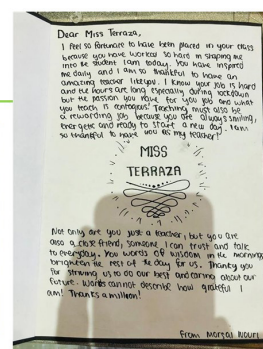
Ameera Saleem 07/02 12:19

Sapna Haria- Your Virtual slice as promised Ms Harial



Of screen challenge - Morsal

- I made a card for Ms Yasmi Terraza for being an amazing teacher and she's always inspired me and as hard as teaching can be in lockdown she's always stayed positive and kept us happy



Bentley Wood
High School for Girls

Praise

Praise

Jessica Ann Maynard sent praise to

Lena Khattab



For the best peer feedback I have seen! So detailed and encouraging with clear improvements for the other student's CVs in her group. Well done Lena I am impressed!

Praise

Arya Jabarkhyi sent praise to
Sanga Eadee, Tahira Rahman



sanga has been very kind recently to every!
she is an amazing friend
tahira has always been lovely and loyal

Praise

Sapna Haria sent praise to
Ameera Saleem, Ferhaddiba Anvary, Tavisha Ragnathan, Salma Subhani



Well done to the following students who have already uploaded their CVs!!! :)

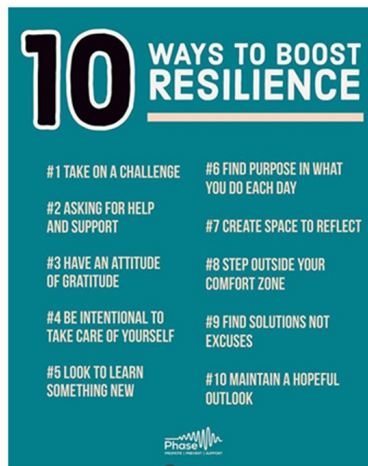


Bentley Wood
High School for Girls

Year 9 Assembly: What is resilience

Year 9 Assembly had the theme 'What is resilience' Have you ever wondered why some people seem to remain calm in the face of disaster while others appear to come undone? People that can keep their cool have what psychologist call resilience, or an ability to cope with problems and setbacks.

Ms Bannon



Year 11 Assembly: Keep in Movin

This Year 11 assembly looked at how grades will be awarded in 2021 and positivity towards keeping on learning. We still don't know exactly how grades will be awarded!! Why it is even more important than ever to continue engaging in your lessons until we get clarity. We must assume that everything we do is going to count, just like it would in normal circumstances. You're all in such a great position, take advantage of this!

Mrs Burridge



Consultation description

Government decided that schools and colleges must close to most, to limit the spread of coronavirus (COVID-19).

Through this joint consultation, Ofqual and the Department for Education want to hear the views of students who were due to take their exams, their parents and carers, their teachers, school and college leaders and others who have an interest, including further and higher education providers, and employers. The consultation covers general and vocational qualifications, with this document focusing on the former.

Students need grades to continue to the next stage of their education or training, or into employment. Grades must reflect what a student knows, understands and can do, and they must be widely understood and respected. In place of exams in summer 2021 we propose that a student's grade in a subject will be based on their teacher's assessment of the standard at which they are performing.

Open consultation

Consultation on how GCSE, AS and A level grades should be awarded in summer 2021

Published 15 January 2021

Last updated 15 January 2021 — [see all updates](#)

From: [Ofqual](#) and [Department for Education](#)

Applies to: England

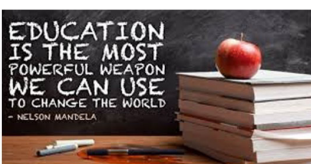
Summary

The approach to awarding GCSE, AS and A level grades in 2021 following the cancellation of exams.

This consultation closes at 11:45pm on 29 January 2021

Why it is even more important than ever to continue engaging in your lessons:

4. And probably most importantly... Your studies are about so much more than just exams! Education is sooo important just for it's own sake!



'Learning today, leading tomorrow'

Challenge of the week and month in year group assemblies

Students in all year groups have been set challenges in their assemblies. Many students have taken on the challenges and been very creative with their ideas. From making face-masks, Snowmen, re-creations of artwork to physical activity to improve mental health. Here are some examples of their creativity.

Challenge of the week

From little
ACORN
grow
mighty OAK!



Re-create your favourite art
using just three objects lying
around your home (like this
example)

Deadline for this: Tuesday 19th
Jan

- Tag me in your post on your
Teams page (with your picture)



Sainthavi 8CBB



Kareena 8CBB

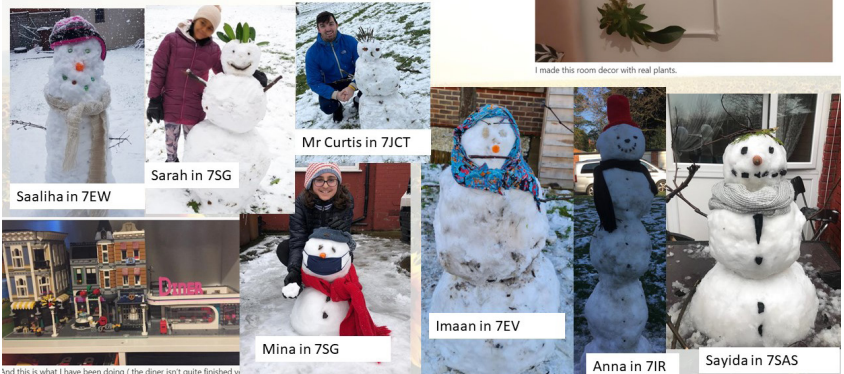


Zina 8CBB



Enrichment Channels!!!

This week we had even more amazing activities going on!!!



Design your own reusable/ eco friendly face covering to win a prize

Students in Year 7 were asked to design an eco-friendly/ reusable face covering. It needed to be washable. Students could be creative and use a geographical/environmental theme. Students could reuse/recycle materials to help you make it eg old clothes.

Challenge of December:



Great prizes to be won and achievement points for entries!



Competition Time! – Design your own reusable/eco-friendly face covering to win a prize!

The winners were:

In joint second place were Bailee-Summer in 7ER & Asla in 7IR

With the winner being Jaimie Patel in 7SG!



Focusing on Children's Mental Health Week in assemblies and Teams posts

Year group assemblies and posts on Teams have been looking at Children's Mental Health Week. Posts on Teams included taking a screen break and students taking photos of their walk. Mrs Burrridge made a video for Year 11 assembly – on the theme of Express Yourself for Children's Mental Health Week.

The message was to remember that being able to express yourself is not about being the BEST at something – it is about finding a way to show who YOU are, and how you see the world, that can help you feel good about yourself.

What is Children's Mental Health Week?

Children's Mental Health Week 2021. Its aim is to highlight the importance of mental health within children and young people.

When does Children's Mental Health Week take place?

This year, in 2021, Children's Mental Health Week took place from February 1st - 7th. Schools, youth groups, various organisations and individuals across the UK took part in Children's Mental Health Week 2021.

What is the theme of the week?

The theme of Children's Mental Health Week this year is 'Express Yourself'. The aim is to encourage children to express themselves in a variety of ways.

For example, expressing yourself can be about sharing your feelings, thoughts and ideas through creativity. Children could express how they feel through a piece of artwork or writing, or they could express it through a performance such as dance or drama.

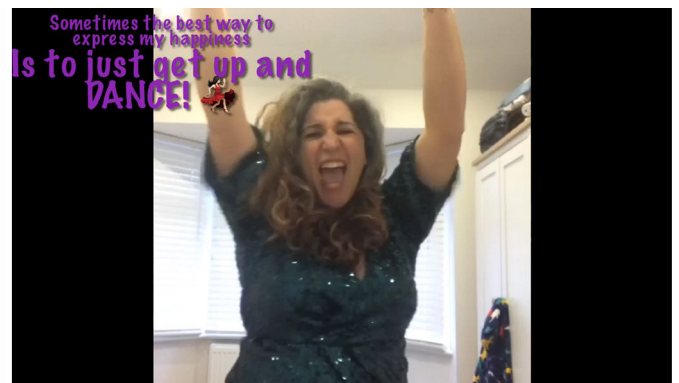
An important part of this theme is that expressing yourself doesn't mean that you're the best at something. It's all about finding a way to show other people who you are and how you feel.

It's about showing how you see the world and finding a way to 'express yourself' which feels good to you. Expressing yourself in a way that's unique to you is a great way to improve mental wellbeing.



Children's Mental Health Week Day 2

- Tuesday
- Express yourself. Hopefully, you saw the video from one of our school counsellors today, Lisa. She asked us to get creative and come up with a way to express yourself.
- Being creative helps us to express our thoughts and feelings – it also helps us to take a moment away from pressures, social media, bad news, etc – just to do something we enjoy.
- Share what you come up with.



Children's Mental Health Week Day 3

- Wednesday
- Drink water! Our bodies need water to function properly. If we do not give our body enough water, it can impact on our well-being. It can make us feel lethargic, it can affect our mood, it can slow down our thought processes – there are lots of ways it impacts us negatively.
- So, today's challenge is to ensure you drink enough water throughout the day – 6-8 glasses is a rough guide as to how much you should drink.
- Let us know how many glasses you manage – remember not to drink TOO much (this can also be bad for our bodies).



Children's Mental Health Week Day 1

- Monday
- Get moving! One of the best ways to stay mentally healthy is to exercise. FACT!
- So today, your challenge is to take part in just 15 minutes of exercise. (That's the equivalent of about 100 thumb scrolls through your social media)
- Let us know how you got active today and how it made you feel



Year 7 Interform Sunflower Competition

The interform sunflower competition continues for Year 7 this term. Each week every form has the opportunity to win a petal for their form's sunflower by competing in the Challenge of the Week. Petals are also awarded for outstanding attendance, achievement and punctuality.

Now we are delivering school virtually the competition continues, with close attention on attendance in registration being rewarded. It was announced this week that 7SAS leads the way 7 petals in total, with 7SG closely behind with 6 petals.

The competition will run all year so there is still plenty of time for any of the Year 7 forms to knock 7SAS off the top spot!

Watch this space...

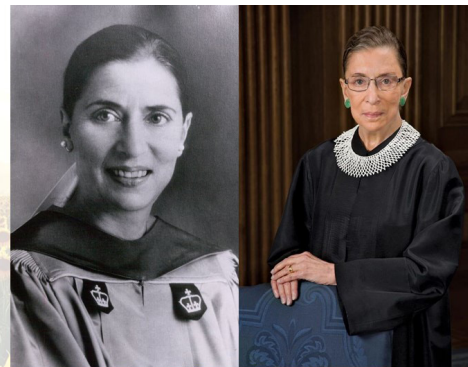
Ms Osborn

Challenge of last Week...

Who is this woman and why is she famous?

Ruth Bader Ginsburg!

She was the second woman to serve on the US Supreme Court



The winner of the challenge was Kalpana in 7SAS who got the answer almost instantly!

Inter-form competition time...

CARE

Challenge of the week

Most house points

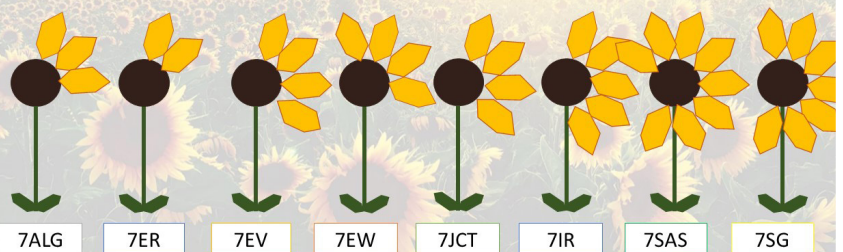
Attendance

Behaviour

Punctuality

This week:

7SAS win another petal!



Year 10 online learning in Psychology

A group of Year 10 psychology students conducted a study where they wanted to see the extent to which children of different ages were able to take the view of another person. In order to do this they need to replicate Piaget and Inhelder's Three Mountain Task which they did very well going by their pictures.

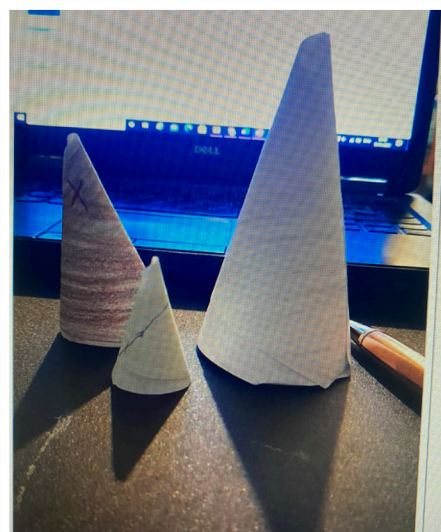
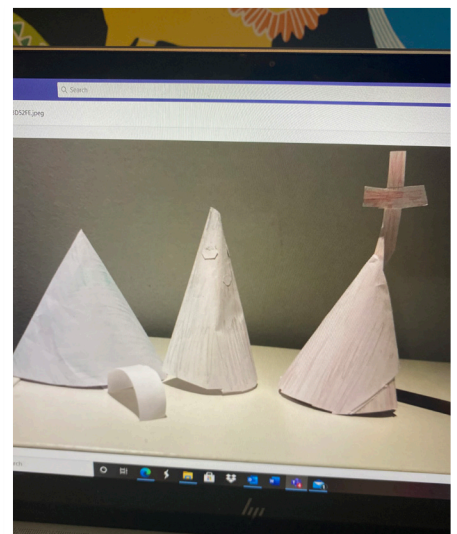
Ways of questioning the child

- Child was asked to use the cardboard shapes to show how the mountain scene looked from different viewpoints.
They were asked to place the shape to show the view they themselves saw and then to show what the doll could see
- The child was shown ten pictures of the model and asked to pick out the picture that represented what they could see and what the doll could see
- The child chose a picture and then had to position the doll so it could see that viewpoint

Piaget and Inhelder concluded that children up to about 7 years were egocentric - could not see from another viewpoint but their own

Older children were not egocentric Older children can build mental representations of how others see the world

Mrs Chall



Year 9 GCSE Drama: creating set design

Throughout lockdown, in my lesson drama, we have been learning how to design and make our very own box set model for the play *Hard to swallow*.

During our first lesson we learnt what is meant by the word set design and what the set designer does. We learnt about different key terms to use and practice while make our set design. I have learnt this new word called "sightlines" which means when the audience is sitting down, can they see the play? Is anything blocking their view.

Using those key terms, we had to create a mood board which helped us come up with an idea of what you want the set to look like. We had to design our stage by first looking at what style of stage you wanted and design for example I chose a proscenium stage with a naturalistic design. We had to measure out the width and length we wanted the set to look like in real life.

Then we finally came to making our box set models which was super exiting and I had an amazing time and it made me realize that in lockdown there is always something that will cheer or make the day that brighter.

Using our key terms, we created a presentation to demonstrate why we used certain thing in our set, for example by learning the new word "sightlines" I managed to rearrange my set because the props were blocking some of the audience view.

I would say everyone's box set models were astonishing, and you could really see how much effort, care and hard work the class had put in to making their box set models.

Nefertari 9sza



Nefertari 9SZ



Hajra 9LBA



Georgia 9LBA



Bayan 9JBH

CyberFirst Girls competition

The CyberFirst Girls Competition has been set up by the national cyber security centre to support girls interested in a career in cyber security. The competition is a team event with each one made up of four students, and this year we have one team entering from each tutor group. The students have already completed challenges in lessons to help decide who will be in the form team, and Miss Terezza has been providing each team with some practice challenges in preparation for the online qualifying event which start on the 25th of January. Here students will need to solve a series of taxing challenges in the most efficient way possible.

Following the qualifying round, there will be a semi-final where students will compete against other teams in the region, followed by the finals which last year were held in Cardiff Castle. We wish all the students the best of luck with this year's competition and look forward to finding out how they got on.

Mr Burnaby

Cyber First Girls Competition 2021

IMPORTANT!

Welcome message

Cyber first girls 2021 Competition- welcome ladies 😊 You have all been selected based on your amazing problems solving skills to participate in the Cyber First Girls competition 2021 🤖 Please do not leave the team as I will be recording a video today that will explain everything 😊

In the mean time, please read the information on the link below for more information 🤖

<https://www.ncsc.gov.uk/cyberfirst/girls-competition>

See less



CyberFirst Girls Competition

The CyberFirst Girls Competition aims to support girls interested in a career in cyber security.

www.ncsc.gov.uk



Through four cyber security characters, **Captain**, **Logic**, **Chatter** and **Vision** we are showing girls everywhere that the diverse talents and skills they have are valued in the world of cyber security and that they can help keep our nation safe and secure.

Find out more about the CyberFirst Girls Competition 2021.

www.ncsc.gov.uk/cyberfirst/girls-competition



Celebrating 'send a card to a friend day'

Year 8 were challenged to send a card to a friend a teacher or the NHS. Here was the challenge

Have you ever got excited when you open the mail and you find a hand-written card or letter?

Your 'off screen afternoons' are the perfect time to take time out of your busy day to design and write a card to someone special.

This could be for a friend, family member, a teacher or the NHS.

We want you to get creative! We will be looking for the best cards and rewards will be given to the best ones we see.



We received some great entries here are some examples and the winners

Shoutout!

Shoutout to the following students who entered some excellent entries for the off-screen challenge:

Humira 8BME



Kowser 8PT



Maya 8HJG

Ritika 5 8PT



Areeba 8BME



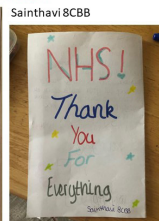
Noor 8BME

Shoutout!

Shoutout to the following students who entered some excellent entries for the off-screen challenge:



Noor-UI 8BME



Sainthavi 8CBB



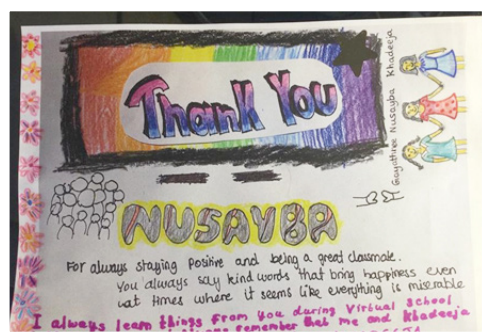
Sukainah 8MSE



Zina Jawad 8CBB



Habibah 8PT



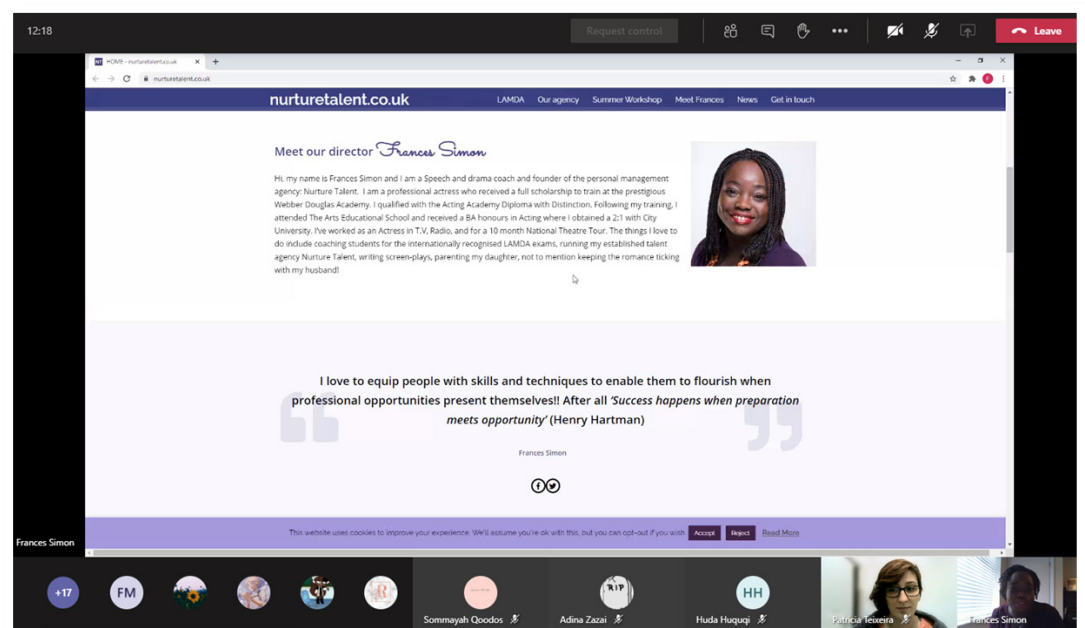
Gayathnee 8PT

Year 8's annual careers event goes online

On Tuesday 26th January, Year 8 took part in an annual careers event online. This was the first time we have hosted this event online as a school. Students were provided with the opportunity to choose from different professions that they wanted to hear from, this was later narrowed down to the 14 most popular occupations by our careers advisor, Ms Mmireku. Year 8 had the opportunity to hear from the following professions:

**Civil engineer,
Accountant,
Artist
Pharmacist,
Scientist,
Businesswoman
Lawyer,
Novelist,
Computer engineer
Police detective,
Dental nurse
Doctor ,
Psychologist, Architect**

The talks delivered by our presenters were very engaging and allowed the girls to obtain an insight into the daily lives of different professionals. The Year 8 students interacted very

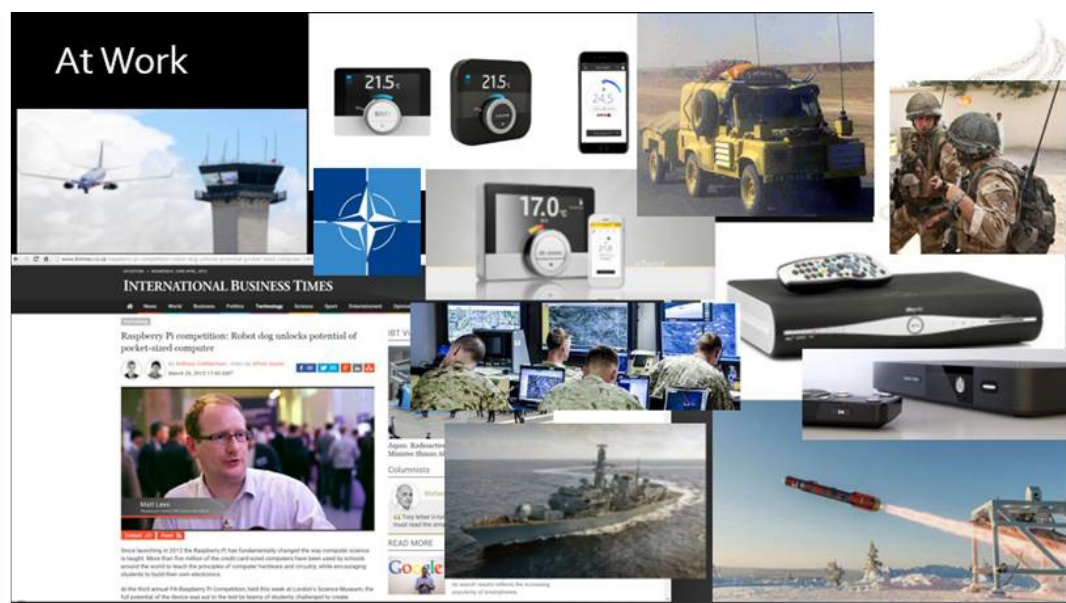


well with our presenters and were keen to ask them questions at the end of the sessions.

The feedback from the girls was highly positive, they really enjoyed having the opportunity to hear about various professions. Year 8 will be picking their GCSE options later this year so this was a brilliant opportunity for them to discover more about how the subjects they study apply to the real world. Year 8 were enthused and inspired after this event and hearing from the professionals may well have sparked an interest in some of the girls to lead them along a similar path in the future.

Mrs Valambhia (Head of Year 8)

The Annual Year 8 careers morning was a great success. The first virtual Year 8 careers morning of its kind. It was a great morning and fun had by all. As mentioned the students filled out their preferences of careers and then a selection was picked from the top choices by Mr Robinson, Mrs Valambhia and myself. There was then the exciting task of inviting professionals to speak at this event. Friends, family and colleagues were all involved in gathering together the top 14 professions.



The morning started off with slight teething problems with technology but within minutes things went on smoothly and the event gathered momentum. A special thanks to Year 8 staff and Mr Robinson for making the speakers feel welcome. Myself and Mr Robinson were lucky enough to catch the talks made as we monitored the Teams channels. From what I could see the students were engaged and asked relevant and interesting questions of the speakers.

Wonderful comments were made by all including Dr Howkins who congratulated the team of Year 8 staff, the careers team and the speakers who made the day possible. Dr Howkins commented: "it was a great morning for our Year 8 students. I dropped into some of the presentations and found them extremely interesting. I was tempted to retrain for some of the professions!"

Many of the speakers enjoyed the day so much that they would love to return next year. I would like to thank all the speakers involved who took the time to take part in the event. The school really appreciate your participation in this careers morning. Thanks to Mrs Valambhia and all Year 8 staff who hosted the speakers and made them feel comfortable and welcome. Thanks to Mr Robinson for your wonderful support with technology on teams. You helped to ensure the morning ran smoothly. Thanks to Dr Howkins for your continued support in these events. Thanks to Year 8 students who behaved maturely at the event and made the day a success.

There was excellent feedback from all which was very positive.

Guest speaker Engracia Lewis commented after the event

"Thanks to Kieran, Eugenia, Hannah Jobling and the rest of the team for inviting me to your careers morning and for making it such a success. We have some very inspiring young learners in our midst!."

Guest Speaker Louise Proffitt.

"It was a great morning to be involved in - your students had great questions to ask, and Ms Patel organised it really well. I really hope some of the girls will be inspired to consider a career in architecture!"

Guest Speaker Matt Lees."

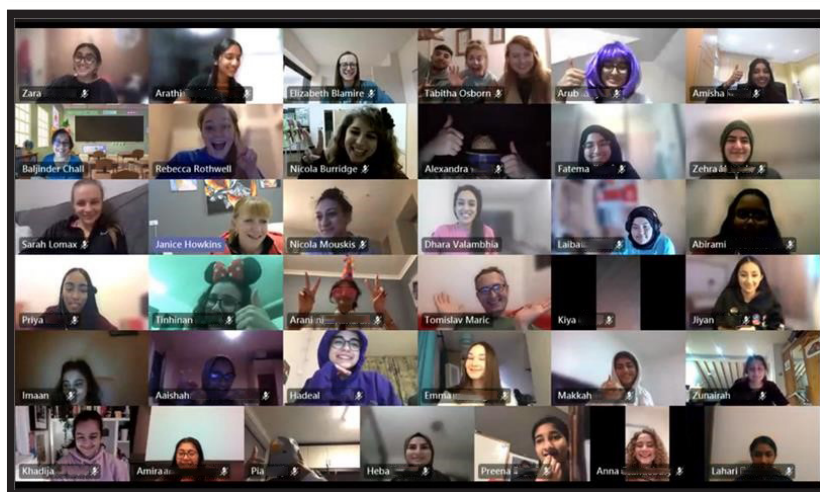
Thank you all for the setting up and facilitating the careers morning today. Hopefully this will get some more students into engineering!"

Ms Mmireku, Career Adviser

Quiz Night!

On Friday 5th February, our Head Girls' Team organised a brilliant quiz to bring the Sixth Form together for a night of fun! The quiz consisted of a 'guess the song' round and 'guess the person singing'. In addition to that there was an excellent 'guess who' round of teacher baby photos which caused much hilarity. The evening was excellently organised through Break Out rooms on Microsoft Teams and it provided some much needed laughter this Spring Term. It was perfectly timed to round off Children's Mental Health week and to bring us all together in the spirit of fun! Well done to 'Quaranteam' who were crowned the winners and to Arathi Prabhakaran and Zara Kassum who were quiz masters extraordinaire!

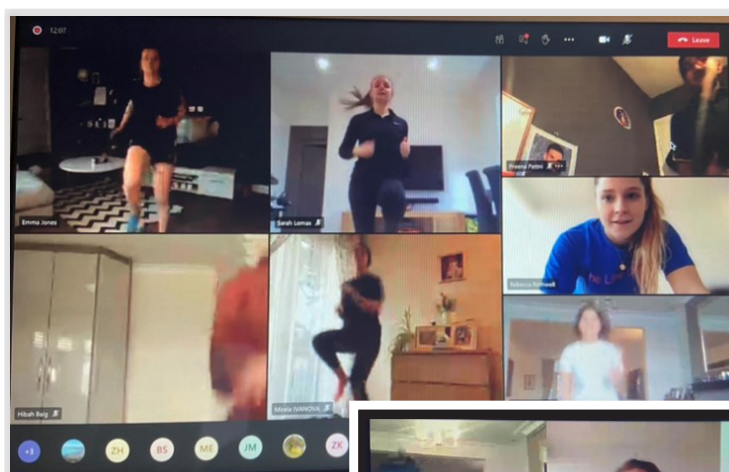
Ms Rothwell, Head of Sixth Form



Funky Fitness Fridays

Every Friday Miss Jones runs Fitness Club for 6th formers. It is a very popular club and great turnout to these sessions. The best way to wind down the week of learning and increase heart rate.

Mr Maric, Assistant Head Teacher



Sixth Form Photography Competition

The 4th February was Year 11 Parents Evening. Sixth Form students did not have lessons on this afternoon and were set a task. A photography Competition. Students were asked to go for a walk for at least 20 mins and take pictures and share the pictures with their Form Team. Their form tutor judged the competition and chose the winners.

The categories were:

- An artistic image
- An image of nature
- An interesting image of your choice

The winning photo was by Mieshal 13BC and the runners up were Lahari 12TRA, Tinhinan 12SBA, Mesrat 13LBH and Sharmin 13LBH. There were some very impressive entries.

Ms Rothwell


OFF-SCREEN TIME


On Thursday afternoon it is Y11 Parents Evening. You will not have lessons in the afternoon. We are setting you a **CHALLENGE**.

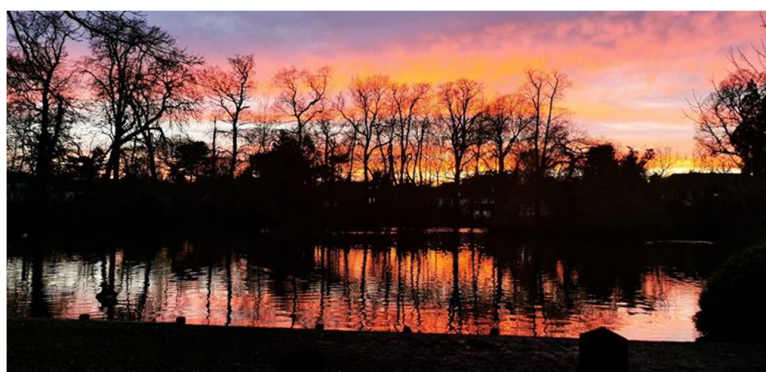
The challenge is...
Go for a walk (for at least 20 minutes) and take pictures. Share your pictures on your Form Team. Your tutor will decide who's pictures are best and there will be **PRIZES** up for grabs!

The categories are:

- An artistic image
- An image of nature
- An interesting image of your choice (surprise us!)



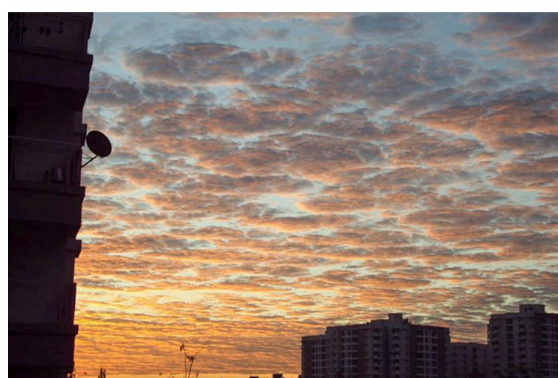




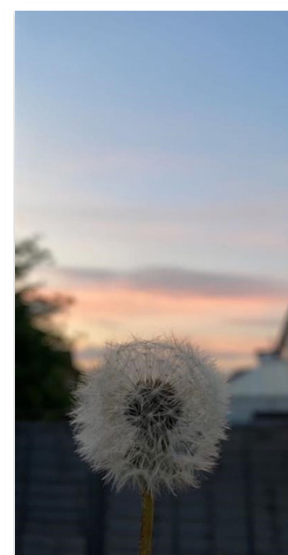
13BC: Mieshal – Winner



Sharmin – 13LBH – Runner Up



12TRA: Lahari – Runner up



13LBH Mesrat – Runner Up



12SBA: Tinhinan – Runner Up

Lockdown Art Competition!

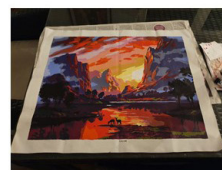
Year 11 prefects organised a Lockdown Art Competition! Students were asked to share their experience of individual isolation and the ways that lock down has impacted us, and to share their experiences through any creative outlook. This could be in the form of a painting, sculpture, drawing, or even animation.

- Alongside their final piece, students were asked to speak about their creation, this could be through;
Writing a poem to share with your art
Sharing a short description on your creation
Recording yourself talking us through your art and what routes you've taken to get to the final piece.

The results were amazing and here are some examples of students work

Thank you to the Year 11 Art Prefects for running the competition. Winners to follow shortly.

Neha



I have completed this acrylic painting. I chose to do this because the scene is quite isolated which is how some people feel during lockdown, and the clouds reminds me of a jigsaw that doesn't fit together but not everything is perfect in life and sometimes we have to just go with the flow. The deer represents peace. The mountains stand up tall and I feel that it means that you need to be brave. I also have an amazing view of the sunrise and sunset from my desk, during virtual school this keeps me motivated to try harder and this painting reminds me of that.

Niyathi



Basklona



I have lost you now

I didn't even get to see you
It's just me and my thoughts now
Why did you leave me like this
I can't see your face anymore
I guess this is not a dream anymore
I guess I have to forget you now
But you were my life
I need you back
I will weep and grieve and I will wait for you to come back
The sun isn't shining anymore
Your laying there frozen, so far from the light
Your beauty's unreal, you smile the sun
But time can't be turned nor your actions undone
The words you whispered to me only I hear it
"I love so much, please don't cry when I die"

A photograph of a bookshelf filled with books. The books are arranged vertically, with their spines facing outwards. The books include 'The Ice Monster' by David Waldrom, 'Hunger Games' by Suzanne Collins, 'The Secret Garden' by Frances Hodgson Burnett, 'James Cameron' by Peter Jackson, 'Time Traveling' by Ross Wolford, 'Murdered' by David Brain, 'Secret Me' by David Brain, 'The Secret Garden' by Frances Hodgson Burnett, 'The Secret Garden' by Frances Hodgson Burnett, and 'The Secret Garden' by Frances Hodgson Burnett.

I hope you like it.

The darkest night
is the brightest light
if there is no darkness

A collage featuring a clock face, a coronavirus particle, and text elements including 'social', 'Lockdown', 'coronavirus', 'distancing', and 'money'. The clock face is in the upper right, showing Roman numerals and a dark dial. The coronavirus particle is in the lower half, showing its characteristic spiky surface. The text elements are scattered around, with 'social' and 'Lockdown' in a bold, sans-serif font, and 'coronavirus', 'distancing', and 'money' in a stylized, outlined font.

A detailed blue ink drawing of a stylized eye. The eye is the central focus, with a large, dark iris and a bright white highlight. It is surrounded by intricate, swirling patterns and floral motifs. To the right of the eye, there are several feathers, possibly from a peacock, with detailed barbs. The entire drawing is set against a background of light-colored, textured paper.

But he wasn't looking at me.
Confused, I frantically glance at my surroundings.
But my burned eyes can no longer see colour.
Are there others in this room? Are they talking?
Or are they simply poems on flat sheets of paper,
The sound of frantic scrawling playing tricks on my ears?
The room begins to crinkle.
Closing in on me.
The air I breathe dissipate before it reaches my lungs.
I panic. There must be a way out.
It's right there. He's right there.
Swallowing my fears, I brandish my pen.

Wise Thoughts, Classics

A student quiz about the Gods, students had to guess. What have the Greeks and Romans given us?

Monday: Greek and Roman gods and goddesses

You have 20 seconds...

How many Greek and Roman gods and goddesses can you name?

Bonus Points** What are they the gods and goddesses of?

Monday: Did you get any of these...



Zeus – king of the Gods
Hera – queen of the gods
Poseidon – god of the sea
Hades – god of the underworld
Demeter – goddess of the harvest
Apollo – god of prophecy and music
Hestia – goddess of the hearth
Dionysus – god of wine and theatre
Aphrodite – goddess of love
Hephaestus – god of the forge
Ares – god of war
Artemis – goddess of the hunt
Athena – goddess of wisdom
Helios – god of the sun
Hermes – messenger of the gods

Tuesday: What have the Greeks and Romans given us?

Look at the pictures. Decide whether you think they came from Ancient Greece or Rome.



Tuesday: What have the Greeks and Romans given us?

Greece



The alarm clock – the Greeks invented a clock that would dispense pebbles at the time for waking up. Plato used this to get up for his lectures.



The Olympics. The Greeks held the Olympics in honour to the gods. The competitions included running, chariot racing and javelin throwing.



Medical practice: Hippocrates was famous medic who created this oath which all doctors today must take. It says that they will always help those in need and act according to their best judgement.

Rome



The toilet – before the Romans, people did their business in a hole in the ground. The Romans invented the toilet which consisted on pipes of running water and a seat. Much more comfortable.



The calendar. Today we still use the calendar created by the Romans. Many of the names of our months derive from Roman names such as August (Augustus, a Roman emperor).



Straight Roads. Before the Romans invaded Britain, people used well known footpaths across hills and fields. The Romans came and built straight roads connecting major towns that we still use today.

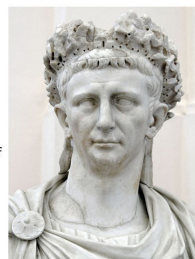
Wednesday: The Scary Roman Emperors!

Claudius, 41-54AD

Claudius was Caligula's uncle – his bodyguards found him hiding behind the curtains after they killed Caligula, and promptly made him the new emperor.

He invaded Britain and made it a new province of the Roman empire. Britain would be ruled by the Romans for the next 400 years.

He was assassinated by his wife and replaced by his step-son, Nero



Thursday: More Scary Roman Emperors!

What can you remember about the Roman emperors that you learnt about yesterday?

Nero, 54-68AD

Nero became emperor after his step-father Claudius was assassinated by his mother. He soon became known as a cruel, selfish tyrant whom nobody liked.

He even tried to kill his mum by building a boat that was designed to collapse and sink once she had boarded.

He was rumoured to have burned down the city of Rome to make way for his new palace.

He was killed when the Roman people had enough of his tyrannical ways and revolted.



Friday: Quiz Time! Were you correct?

1. Who was the goddess of wisdom? **Athena**
2. Who is the messenger of the gods? **Hermes**
3. Which civilisation gave us the toilet? **Rome**
4. What is the Hippocratic oath? **An oath that doctors must take when they enter the profession to always help and act ethically**
5. Which Emperor burned down the centre of Rome to make way for his new palace? **Nero**
6. Which Emperor made his horse his deputy commander? **Caligula**
7. Which Emperor invaded Britain? **Claudius**
8. Which Emperor worked as an amateur gladiator? **Commodus**
9. Which Emperor replaced all of the Roman gods with Sun-Worship? **Elagabalus**
10. What is a myth? **A story that is passed down through the ages that often contains a message or teaching.**

If you would like to know more about studying Classics, please speak to Miss Rothwell or Ms Illingsworth

At Bentley Wood we offer:

- Latin GCSE
- Classical Civilisation A Level
- Ancient Greek (extra-curricular)
- We go on trips to Classical sites. Last year we went to Rome and Pompeii (see pictures)



Student Enrichment, Extension and Independent Tasks Team

Dear Parents and Carers,

I wanted to remind you of two special resources we created for your daughters in our 'Virtual School' last year when we first moved the 'virtual school'. There are two 'Teams' (like folders with files and links) where your daughter will find things to stretch and enrich her learning, and also resources to help support her wellbeing and mental health. The two Teams are:

Enrichment and independent learning

This Team has many resources to stretch and challenge students, and to enrich and broaden their learning. They include Enrichment & Extension Passports from all subjects – these alone comprise of lists of hundreds of recommended books, films, documentaries, podcasts and so on from every subject in the school. Additionally, Every Department has their own 'channel' in this Team packed with resources specifically aimed at enrichment and challenge in their subject. Your daughter will find lots of things to deepen her knowledge and keep her intrigued – from Year 7 to Year 13. There are links to online lectures, podcasts, and much more.

Mr O'Sullivan, Assistant Headteacher

Debate Chamber Summer School Applications

Stretch, Challenge, and Enrich Yourself!

Debate Chamber have announced dates for their **Summer Schools in 2021**. At the moment, these will be virtual, but if things change they may be in person. They say they are not offering bursaries at the moment, unfortunately.

These Summer Schools are mainly for people aged 15-18, but there are some, like **The Young Thinkers Summer School**, for the even younger (11-14).

They have courses in many things such as Philosophy, Political Philosophy, Classics, English Literature, Economics, Dentistry, Physics, Maths, Law and more. Our students who have attended them in the past have found them fascinating and enlightening.

Student Enrichment, Extension and...

Francis O'Sullivan 22/03 20:23 Edited

Enrichment & Extension Team

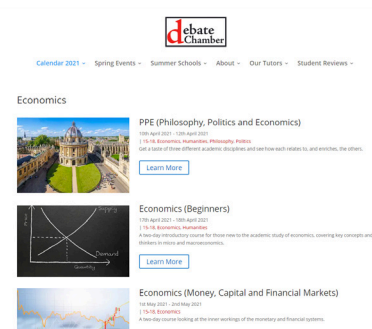
Dear Wonderful Bentley Wood Students

Francis O'Sullivan 16/04 14:02

More Free Yale University Courses - Philosophy, History, Physics, Chemistry, Classics...

The courses here are directly through Yale University as opposed to the Coursera courses above.

They cover such things as Philosophy courses on Human Nature, and Death, History courses on the Tudors and the Middle Ages, English Literature courses on Poetry, and the Modern Novel, and courses in Physics, Chemistry and Classics. Lots of fascinating areas to get stuck into.

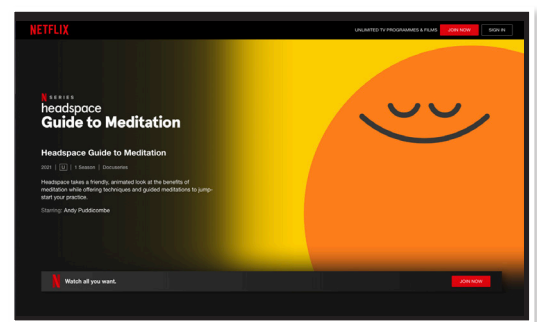
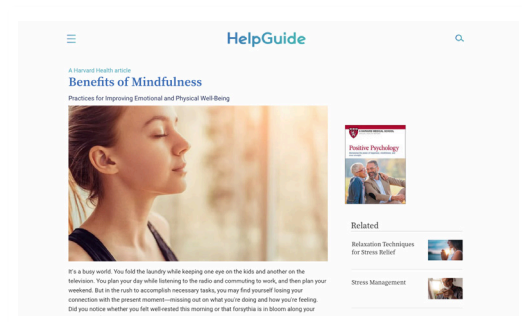
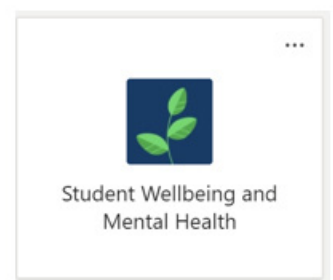
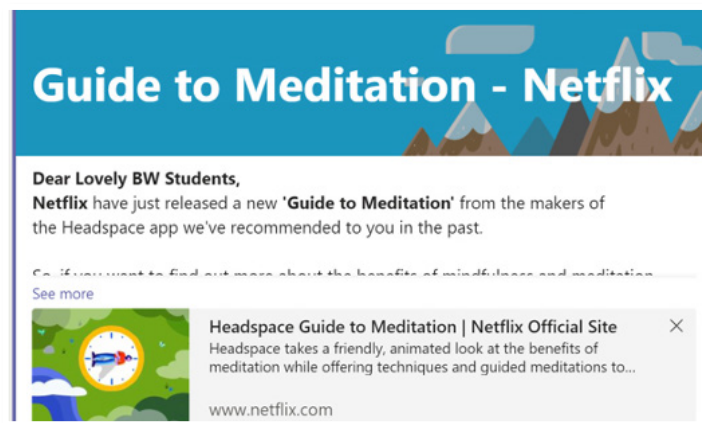


Student Wellbeing and Mental Health Team

This area has advice, links, articles and tips on maintaining wellbeing and good mental health. There are links to guided mindfulness meditations, exercise websites, and lots of activities to do away from her screen. For the latter, see specifically the 'Can You Beat the List?' document in the 'Files' section which has many, many interesting and fun activities. Our Wellbeing and Mental Health Ambassadors add tips and recommendations to the Team from time to time.

Additionally, many year group Teams have additional wellbeing resources in their own areas. Please encourage your daughter to take advantage of these excellent resources in order to help support and maintain her wellbeing, if needed.

Mr O'Sullivan, Assistant Headteacher

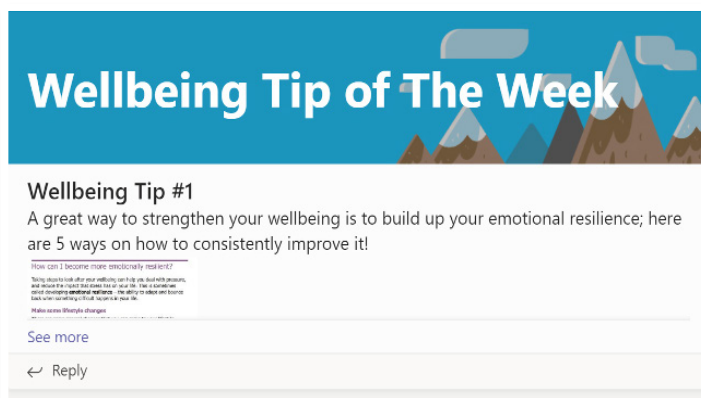
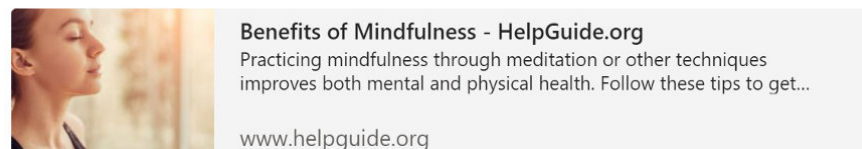


Harshini Jaladi 13/01 17:09 Edited

12

Here is an article which summarises mindfulness. This article lists the benefits of mindfulness, exercises and mindfulness techniques.

<https://www.helpguide.org/harvard/benefits-of-mindfulness.htm>

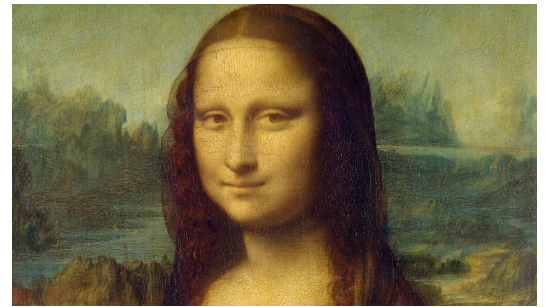


Popular links to arts and culture through museums and art from around the world

View some of world's greatest works of art and see links to where they are exhibited and browse artefacts from museums from around the world.

Or experience virtual museums from the comfort of your home with

artsandculture.google.com



[Leonardo da Vinci](#)

Apr 15, 1452 - May 2, 1519

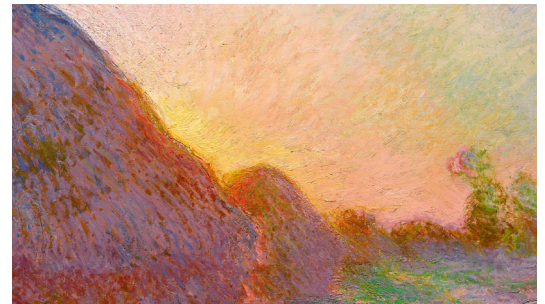
Leonardo da Vinci, was an Italian polymath of the Renaissance whose areas of interest included invention, drawing, painting, sculpture, architecture, science, music, mathematics, engineering, literature, anatomy, geology, astronomy, botany, paleontology, and cartography and is widely considered one of the greatest painters of all time.



[Frida Kahlo](#)

Jul 6, 1907 - Jul 13, 1954

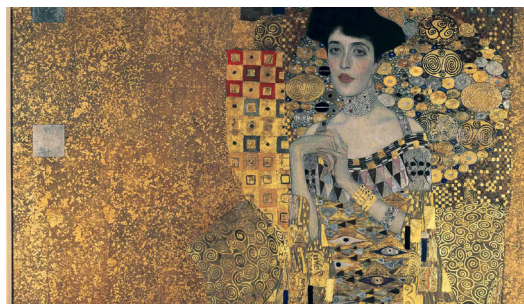
Frida Kahlo a Mexican painter known for her many portraits, self-portraits, and works inspired by the nature and artifacts of Mexico. Inspired by the country's popular culture, she employed a naïve folk art style to explore questions of identity,



[Claude Monet](#)

Nov 14, 1840 - Dec 5, 1926

Oscar-Claude Monet was a French painter, a founder of French Impressionist painting and the most consistent and prolific practitioner of the movement's philosophy of expressing one's perceptions before nature, especially as applied to plein air landscape painting. The term "Impress



[Gustav Klimt](#)

Jul 14, 1862 - Feb 6, 1918

Gustav Klimt was an Austrian symbolist painter and one of the most prominent members of the Vienna Secession movement. Klimt is noted for his paintings, murals, sketches,



[Johannes Vermeer](#)

October 1632 - December 1675 -

Johannes Vermeer, in original Dutch Jan Vermeer van Delft, was a Dutch Baroque Period painter who specialized in domestic interior scenes of middle class life. He is particularly renowned for his masterly treatment and use of light in his work.



[The National Gallery](#)

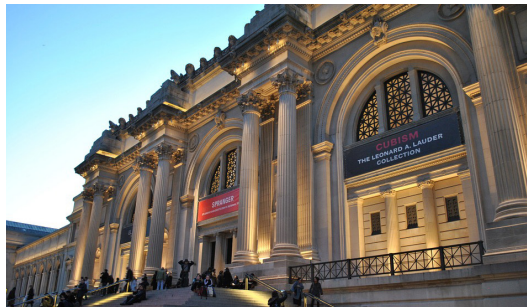
The National Gallery Collection contains over 2,300 works, including many famous works, such as van Eyck's 'Arnolfini Portrait', Velázquez's 'Rokeby Venus', Turner's 'Fighting Temeraire' and Van Gogh's 'Sunflowers'.

All major traditions of Western European painting are represented from the artists of late medieval and Renaissance Italy to the French Impressionists.



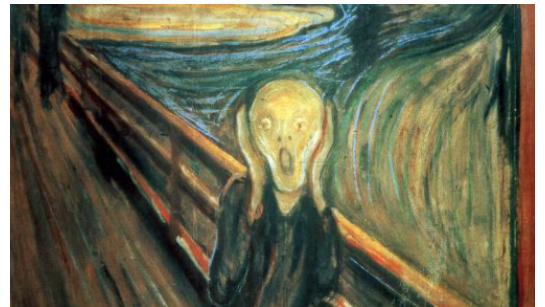
[Musée d'Orsay, Paris](#)

The history of the museum, of its building is quite unusual. In the centre of Paris on the banks of the Seine, opposite the Tuileries Gardens, the museum was installed in the former Orsay railway station, built for the Universal Exhibition of 1900. So the building itself could be seen as the first "work of art" in the Musée d'Orsay, which displays collections of art from the period 1848 to 1914.



[The Metropolitan Museum of Art New York](#)

The Met presents over 5,000 years of art from around the world for everyone to experience and enjoy. The Museum lives in three iconic sites in New York City—The Met Fifth Avenue, The Met Breuer, and The Met Cloisters. Millions of people also take part in The Met experience online.



[The Munch Museum, Oslo](#)

When Munch died in January 1944, it transpired that he had unconditionally bequeathed all his remaining works to the City of Oslo. Edvard Munch's art is the most significant Norwegian contribution to the history of art.



[Van Gogh Museum, Amsterdam](#)

The Van Gogh Museum in Amsterdam houses the largest collection of artworks by Vincent van Gogh (1853-1890) in the world. The permanent collection includes over 200 paintings by Vincent van Gogh, 500 drawings and more than 750 letters.



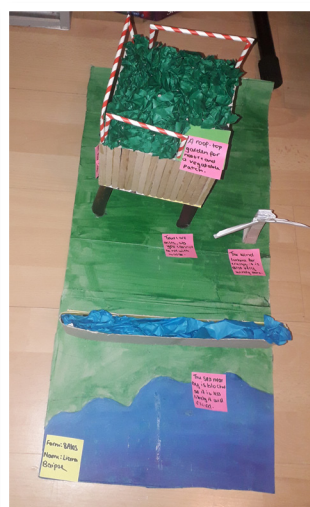
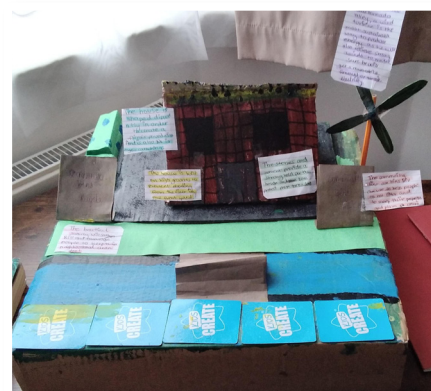
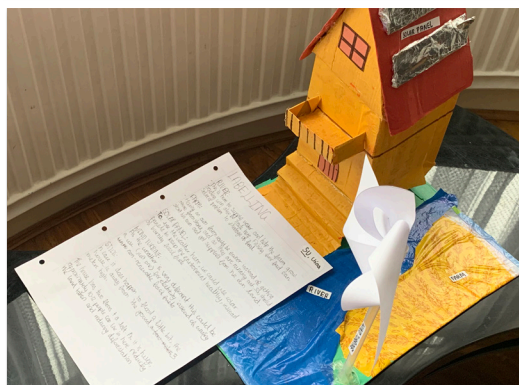
[The British Museum](#)

The British Museum's remarkable collection spans over two million years of human history and culture. Over 6 million visitors every year experience the collection, including world-famous objects such as the Rosetta Stone, the Parthenon sculptures, and Egyptian mummies.

Year 8 create impressive sustainable homes in Geography classes

This term, Year 8 Geographers have been learning about Climate Change. They were set a lockdown project to design or build a sustainable house which adapts and/or helps to mitigate climate change. They were given a character to build for and were set to build their houses from any scrap or recycled material in their homes. Here are some wonderful and creative designs by the students!

Ms Haria



Passeport Culturel

This is your Cultural Capital Passport for FRENCH.

If you try and do one of these tasks per week you should emerge with a greater understanding of both French language and culture. Good luck! Some activities you can complete at home and others you can do in school. I look forward to seeing evidence of your activities in your portfolio and signing off your work.



Bon voyage!

Week	Complete activity in a week. Provide evidence in your portfolio and show your Spanish teacher.	At Home	In School
1	Follow a recipe in French and prepare a French dish/dessert		
2	Learn the capital cities of 5 French speaking countries		
3	Complete a French crossword		
4	Listen to a French podcast		
5	Make a list of new French words and learn 20 in a week		
6	Read an article a French newspaper		
7	Watch a French film and write a short review of it		
8	Make a collage of your favourite things to do with France		
9	Read a magazine article and write a summary of it		
10	Prepare your CV in French		
11	Research a historical character from a French speaking country		
12	Find out a tricky grammar point and design a presentation		

Free access to French magazine

To improve your reading skills French students, Milan Presse have allowed free access to their magazines during this lockdown period so be quick!

This is a great opportunity. Suitable for aged 10-15.

www.milanpresse.com

Mardi 8 décembre

LES MAGAZINES EN ACCÈS LIBRE POUR LES 10-15 ANS

Pendant le confinement, Milan presse met à disposition tous ses magazines en accès libre sur Internet.

Pasaporte Cultural

This is your Cultural Capital Passport for SPANISH.

If you try and do one of these tasks per week you should emerge with a greater understanding of both Spanish language and culture. Good luck! Some activities you can complete at home and others you can do in school. I look forward to seeing evidence of your activities in your portfolio and signing off your work.

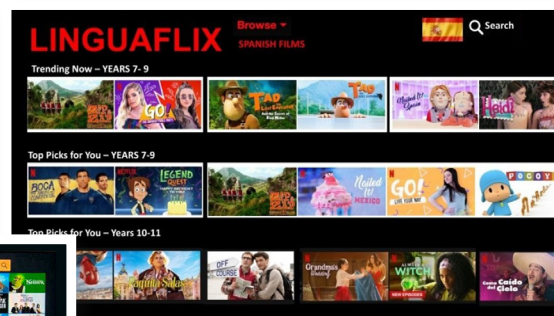
iBuen Viaje!



Week	Complete activity in a week. Provide evidence in your portfolio and show your Spanish teacher.	At Home	In School
1	Follow a recipe in Spanish and prepare a Spanish dish/dessert		
2	Learn the capital cities of 5 Spanish speaking countries		
3	Complete a Spanish crossword		
4	Listen to a Spanish podcast		
5	Make a list of new Spanish words and learn 20 in a week		
6	Read an article a Spanish newspaper		
7	Watch a Spanish film and write a short review of it		
8	Make a collage of your favourite things to do with Spain		
9	Read a magazine article and write a summary of it		
10	Prepare your CV in Spanish		
11	Research a historical character from a Spanish speaking country		
12	Find out a tricky grammar point and design a presentation		

Foreign language films

If you have Amazon Prime or Netflix these are some ideas of films you can watch in French and Spanish.



Deutschlernerin

This is your Cultural Capital Passport for GERMAN.

If you try and do one of these tasks per week you should emerge with a greater understanding of both German language and culture. Good luck! Some activities you can complete at home and others you can do in school. I look forward to seeing evidence of your activities in your portfolio and signing off your work.



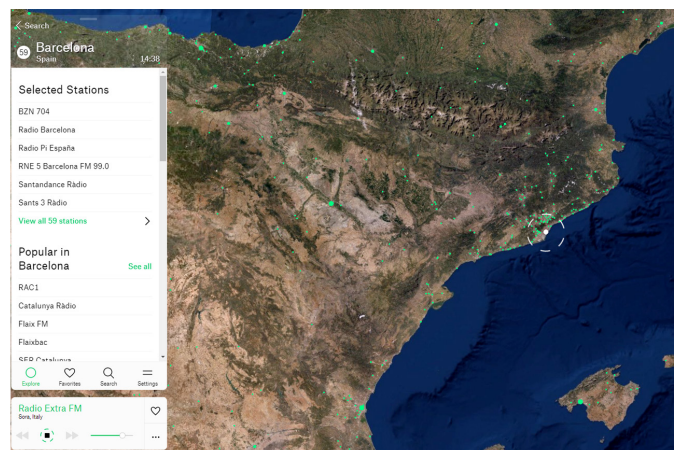
Gute Reise!

Week	Complete activity in a week. Provide evidence in your portfolio and show your Spanish teacher.	At Home	In School
1	Follow a recipe in German and pre-prepare a German or Austrian dish/ dessert.		
2	Learn the capital cities of 5 German speaking countries.		
3	Complete a German crossword		
4	Listen to a German podcast		
5	Make a list of new German words and learn 20 in a week		
6	Read an article a German newspaper		
7	Watch a German film and write a short review of it		
8	Make a collage of your favourite things to do with German speaking countries		
9	Read a magazine article and write a summary of it		
10	Prepare your CV in German		
11	Research a historical character from a German speaking country		
12	Find out a tricky grammar point and design a presentation		

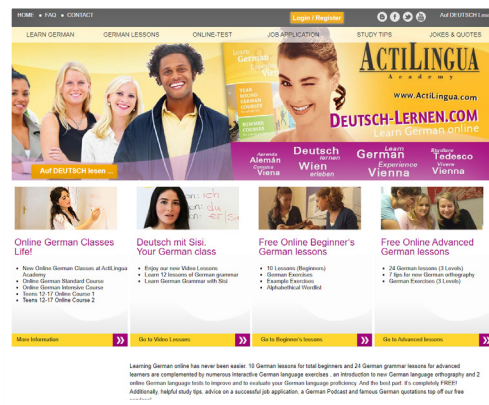
Live Radio

Tune in and improve your language skills. Explore live radio by navigating around the globe. A fantastic way to listen to songs in other languages.

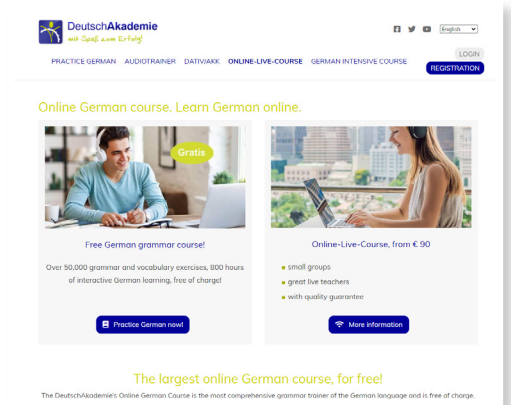
[Radio Garden](#)



List of useful resource links for German



Deutsch-Lernen.com



DeutschAkademie

Websites

DeutschAkademie

Goethe-Institut

Deutsch-Uni Online

Deutsche Welle

www.fluentu.com

GermanPod101.com – Learn German with Free Podcasts

www.bbc.co.uk/languages/german

Newspapers

www.huffingtonpost.de

www.zdf.de/kinder/logo

TV Channels

www.daserste.de

www.ard.de/kinder

Podcasts

radiolingua.com

Exercises and Grammar

german.net/ - Super great for grammar exercises!

www.deutsch-lernen.com - Great for all types of exercises!

german.tolearnfree.com The structure is not very clear at first sight, but once you dig into the exercises, you will understand why I am mentioning this website here.

deutsch.lingolia.com - Lots of great explanations of German grammar. You will find exercises at the bottom of almost every page.

Blogs

yourdailygerman.com

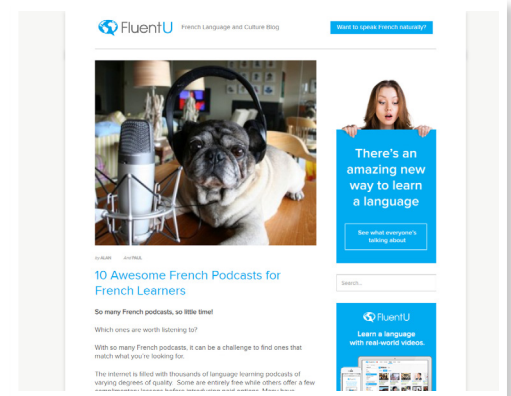
Games

www.learning-german-online.org

List of useful resource links for French



monquotidien.playbacpresse.fr/



www.fluentu.com

Newspapers

www.bbc.com/afrique
monquotidien.playbacpresse.fr

Newspapers and TV channels

www.tv5monde.com

Podcasts

www.dailyfrenchpod.com
www.fluentu.com
www.fluentin3months.com

Films/TV

www.fluentu.com

Apps

www.duolingo.com
www.memrise.com

Magazines

www.lefigaro.fr
www.lexpress.mu

Short videos

apprendre.tv5monde.com

List of useful resource links for Spanish

Newspapers

www.bbc.com/mundo
www.lanacion.com.ar
www.eluniversal.com

Newspapers and TV channels

www.squidtv.net/americas/mexico

Podcasts

audiria.com
www.fluentu.com
www.podcastsinspanish.org
www.notesinspanish.com
www.fluentin3months.com

Radio

www.lingq.com
www.rtve.es/radio/podcast

Films

www.spanishplayground.net
www.rachelhawkes.com

Apps

www.fluentu.com

Magazines

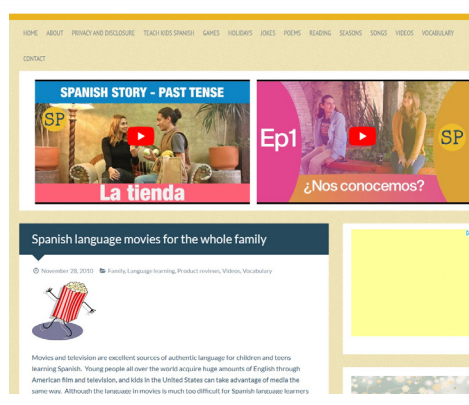
www.ngenespanol.com

Short videos

www.bbc.co.uk/languages/spanish/mividaloca

Games

quizlet.com



www.spanishplayground.net



www.eluniversal.com

A large, stylized tree graphic in a light green color, set against a solid medium green background. The tree has a thick trunk and several branches with oval-shaped leaves. The text "Events at Bentley Wood" is centered over the tree.

Events at Bentley Wood



Snow fun at Bentley Wood

It has been snowing at Bentley Wood. Students of key workers have been having fun outside in the snow during breaks. Please enjoy some of the lovely photos of our school grounds.

Ms Chesters



Amazing student creativity at home

Wooden sculptures

During the Christmas holidays , I made a few wooden sculptures. They came with a carving set, which you have to take out of a wooden sheet and fix together, I got these sets as a Christmas present.

The motor bike is a bit more complex and took longer, it has details on the wheels and the gears, the wheels move as well.

The carriage has seats inside and the wheels move on this too!! I enjoyed doing this very much as it is something I enjoy but usually don't have time to do.

Palisha 10JCAf



Acrylic paintings

During the holidays I did some acrylic paintings. The elephants are a paint by numbers which I gave to my dad for Christmas. I liked the vibrant colours, and it was very relaxing to do. The sunset is also acrylic paint, and I did a gradient for the background and made a stencil for the mountains and painted the silhouette.

Neha 10GCPe



Biology students create designs of the digestive system

Our Year 9 biology students worked very hard over the holiday break designing models of different organ systems.

We had some excellent entries to this competition but the following students went above and beyond with their creativity and dedication.

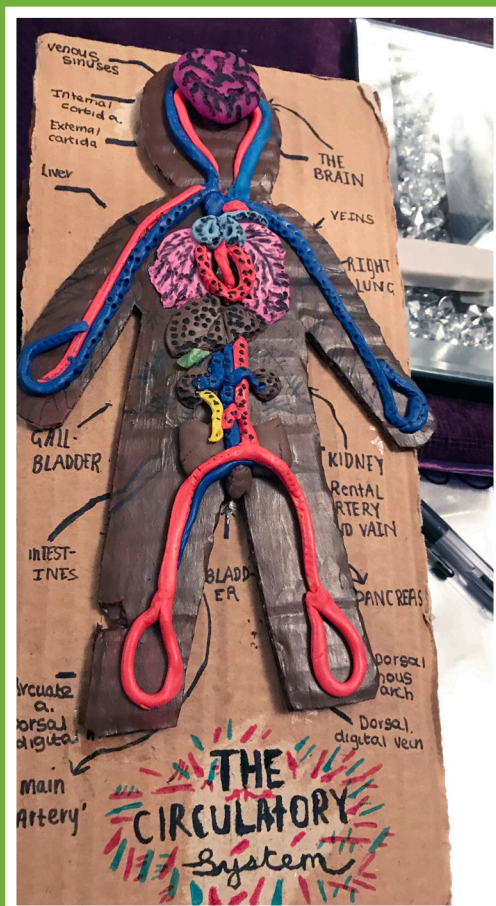
Nefertari 9SZa created an outstanding textile model of the digestive system with detachable organs, Savannah Grant 9RGRw designed a creative and unique 3D model of the circulatory system and Sahar 9MCO designed an exceptionally detailed and beautifully drawn poster of the human body.

Well done girls! We look forward to seeing many more creative pieces coming through in Science.

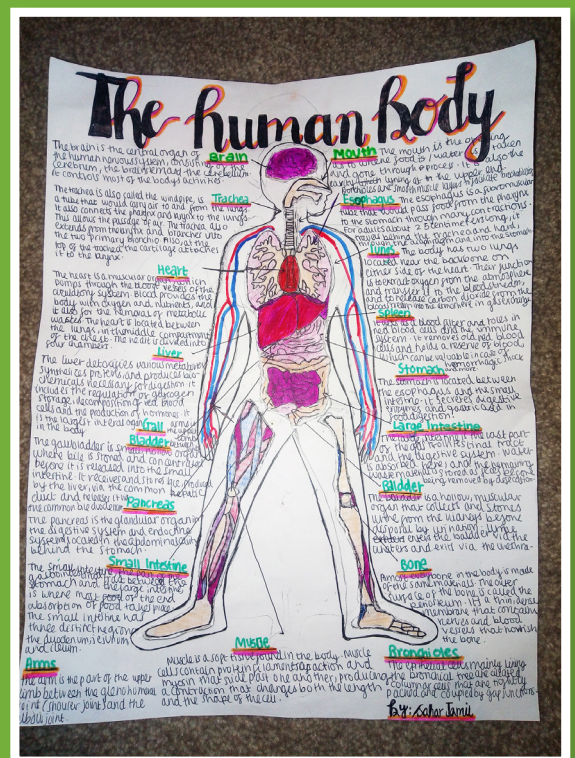
Ms Robson



Textiles design by Nefertari 9SZa



A 3D model by Savannah 9RGRw



A poster design by Sahar 9MCO.

Information and advice for students and parents

How to stay safe, the lockdown

Hello, my name is Neeta Bhalla, you may know about me from the school Newsletter that went out late last year. I am a social worker from Harrow Children's Services, however as of November 2020, I have been working in Bentley High School as part of an exciting new project and as part of my role I strive to do the following:

- I support young children/teenagers with challenges they may face at school and at home.
- I support the school in the close work they do with parents/carers to guide young people through difficult times.
- Through my work I aim to develop an even stronger partnership between home and school.
- Together we always strive to ensure that the young person is happy.

Please feel free to email me on:

Neeta.Bhalla@harrow.gov.uk or NBhalla@bentleywood.harrow.sch.uk

and we can arrange to speak via teams.

Our school counselling service SPACE is also able to offer support to students during the pandemic, students can email the service directly on or get in touch with me and I would be happy to arrange an appointment for you.

BBC Bitesize

Lockdown learning

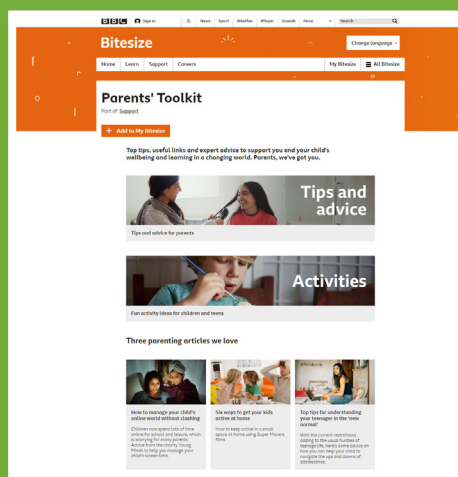
As a third national lockdown is under way, the BBC is bringing hundreds of educational resources together to help with home-schooling. While primary and secondary schools remain closed to most pupils across the UK, the BBC is broadcasting lessons and educational programmes on CBBC, BBC Two and iPlayer, as well as offering extra content online.

Secondary students will be able to watch two hours of programmes supporting the curriculum on BBC Two every weekday. These will be complemented by drama adaptations, as well as relevant BBC science, history and factual programmes.

Bitesize Daily Primary and Secondary will also air every day on BBC Red Button, and episodes will be available on demand on BBC iPlayer. BBC Bitesize have Top tips, useful links and expert advice to support you and your child's wellbeing and learning in a changing world.

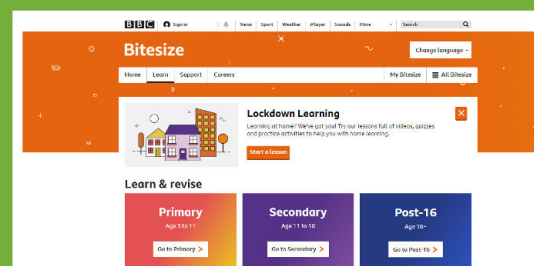
Parents toolkit

Top tips, useful links and expert advice to support you and your child's wellbeing and learning in a changing world.



BBC Bitesize
Parent toolkit

BBC Bitesize
Lockdown
Learning



Mental health support organisations

For many it is a time of difficulty due to isolation, loneliness, family breakdown. If you are struggling during this period of time, here are a few organisations who will be able to help you. Please do not hesitate to reach out for help...

ANXIETY UK

Charity providing support if you have been diagnosed with an anxiety condition.

Phone: 03444 775 774

(Monday to Friday, 9.30am to 5.30pm)

Website: www.anxietyuk.org.uk

MIND

Promotes the views and needs of people with mental health problems.

Phone: 0300 123 3393

(Monday to Friday, 9am to 6pm) **Website:**

www.mind.org.uk

NO PANIC

Voluntary charity offering support for sufferers of panic attacks and obsessive compulsive disorder (OCD). Offers a course to help overcome your phobia or OCD.

Phone: 0844 967 4848

(daily, 10am to 10pm). Calls cost 5p per minute plus your phone provider's Access Charge

Website: www.nopanic.org.uk

PAPYRUS

Young suicide prevention society.

Phone: HOPElineUK 0800 068 4141

(9am to midnight, every day of the year)

Website: www.papyrus-uk.org

SAMARITANS

Confidential support for people experiencing feelings of distress or despair.

Phone: 116 123 (free 24-hour helpline)

Website: www.samaritans.org.uk

SANE

Emotional support, information and guidance for people affected by mental illness, their families and carers.

Textcare: comfort and care via text message, sent when the person needs it most: www.sane.org.uk/textcare

Peer support forum: www.sane.org.uk/supportforum **Website:** www.sane.org.uk/support

YOUNG MINDS

Information on child and adolescent mental health. Services for parents and professionals.

Phone: Parents' helpline 0808 802 5544 (Monday to Friday, 9.30am to 4pm)

Website: www.youngminds.org.uk

NSPCC

Children's charity dedicated to ending child abuse and child cruelty.

Phone: 0800 1111 for Childline for children

(24-hour helpline) 0808 800 5000 for

adults concerned about a child (24-hour helpline)

Website: www.nspcc.org.uk

REFUGE

Advice on dealing with domestic violence.

Phone: 0808 2000 247 (24-hour helpline)

Website: www.refuge.org.uk

CRUSE BEREAVEMENT CARE

Phone: 0808 808 1677

(Monday to Friday, 9am to 5pm) **Website:**

www.cruse.org.uk

RAPE CRISIS

To find your local services phone: 0808 802 9999

(daily, 12pm to 2.30pm and 7pm to 9.30pm)

Website: www.rapecrisis.org.uk

VICTIM SUPPORT

Phone: 0808 168 9111 (24-hour helpline)

Website: www.victimsupport.org

This information was created by the Schools Counselling Partnership www.schoolscounsellingpartnership.co.uk

Schools Counselling Partnership

Understanding and Managing Anxiety - Free 5 Week Online Course for Parents

Monday 22nd February from 10.00-11.30 am

(20 spaces only)

No-one has been untouched by this crisis and many of us are struggling with anxiety during these times of constant change. If you are struggling with your sleep, your concentration, spiralling thoughts then we would like to help you.

The Schools Counselling Partnership are offering a **5-week online programme (via zoom)** to help you understand and manage your anxiety. During this programme you will gain:

- A good understanding of excessive worry (Generalised Anxiety Disorder)
- An understanding of how worry can be maintained and the links between our thoughts, feelings, physical sensations and behaviours
- Knowledge of several techniques which can be used to help reduce your anxiety and worry
- Awareness of your early warning signs for anxiety and have a plan in place to maintain progress and manage setbacks.

Cognitive Behavioural Therapy helps us to identify the cause of our anxiety, our thinking around it and then it offers strategies to help us manage. This course does require an element of homework each week and you need to be able to commit to this to really see the benefit.

This is a confidential course, however, it isn't important to know that it isn't group therapy where you will be required to share what is going on for you it is more of a reflective practise with some exercises to help you cope. How much participate with the group is entirely up to you. If you don't want to participate you are welcome to just listen, reflect on what you are learning and practise the exercises.

Zoom links and handouts each session will be sent out 3 days before. You won't need to read any of the handouts

If you would be interested in participating please contact Toni Medcalf confirming that you would like a place and giving details of the school that your child attends.

E-mail: info@schoolscounsellingpartnership.co.uk

Information and advice for students and parents

Parents Evening Guidance

We have introduced a new and easy online appointment booking system for Parents Evening

This allows you to choose your own appointment times with teachers of your daughter. Appointments may be made by clicking the following link

<https://bw2020.schoolcloud.co.uk/>

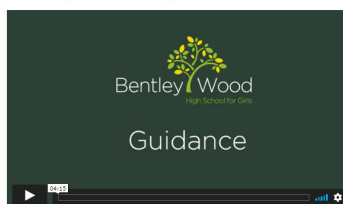
A short guide on how to add appointments and access the video appointments is on our website.

[Parents Evening Guidance](#)

Parents Evening Guidance

We are introducing a new and easy to use online appointment booking system for Parents Evening. This allows you to choose your own appointment times with teachers of your daughter. Appointments may be made by clicking the following link: <https://bw2020.schoolcloud.co.uk/>

Below are two video guides on how to add appointments and access the video appointments.

A screenshot of the SchoolCloud login page. The header is green with "Bentley Wood" in white. Below it, "SchoolCloud" is written in green. A welcome message states: "Welcome to the Bentley Wood parent teacher conference booking system. Appointments can be amended via a link from the email confirmation - please ensure your email address is correct." There are two sections: "Your Details" and "Student's Details". "Your Details" includes fields for Title (a dropdown), First Name, Surname, Email, and Confirm Email. "Student's Details" includes fields for First Name, Surname, and Date of Birth (with dropdowns for day, month, and year). A green "Log In" button is at the bottom. Links for "Teacher Login" and "Administrator Login" are at the bottom right, along with the "schoolcloud" logo.

School Cloud

Head Teachers drop in virtual surgery

Please book an appointment if you would like to meet with the Headteacher on a Wednesday 5:30 - 7:30

Keeping in touch - ensuring we have your accurate information

It is vital to check that we hold your most current and accurate data.

Please ensure that you inform the School Office/Data Office of any changes such as student name/address/contact details/mobile number & email address.

These must be kept up to date otherwise you may not be able to receive important information.

When informing us of an address change, please provide proof of address such as Council Tax or Tenancy Agreement.

Ms Ramsay, Data Manager



Free School Meals eligibility

Children are entitled to receive free school meals if they or their parents or guardians receive any of the benefits below.

- Universal Credit, provided they have an annual net earned income not exceeding £7,400 (£616.67 per month)
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part 6 of the Immigration and Asylum Act 1999
- The guarantee element of Pension Credit
- Child Tax Credit, provided they are not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190, as assessed by HMRC
- Working Tax Credit run-on – paid for 4 weeks after you stop qualifying for Working Tax Credit

I don't currently claim free school meals – what does this mean for me?

If you think you might be eligible for free school meals, please see instructions here on how to check and apply.

I am currently claiming free school meals – what does this mean for me? Most people won't be affected by the new criteria. If you're currently claiming free school meals, but do not meet the new criteria, your child will continue to

receive free school meals until the end of the Universal Credit rollout period.

This will apply even if your earnings rise above the new threshold or if you stop being entitled to Universal Credit. The rollout period is currently scheduled to end on 31st March 2022. Once Universal Credit is fully rolled out, your child will keep their free school meal until the end of their current phase of education, i.e. primary or secondary.

Where can I get more information?

<https://www.gov.uk/apply-free-school-meals>

If you need any further information, please speak to a member of school staff in the Data Office or the local authority. You can also visit the free school meal website:



Parent Voice Bentley Wood's PTA with a difference

We would like to introduce ourselves as the Parent Voice group at Bentley Wood. We are a friendly proactive group who support the school. We meet once every half-term, approximately six times a year with Dr Howkins and Ms Ferrer.

We have agreed that we will represent parents/families and we will raise funds for the school. This will benefit all of our daughters. To raise funds we sell refreshments at school events, for example concerts and drama productions.

Please come and join us from 7.00pm-8.00pm on the dates below:

The group is open to all parents. If you wish to join please contact Ms Howkins the Headteacher

Email: JHowkins@bentleywood.harrow.sch.uk
Phone: 0208 954 3623



Parent Voice meetings 2021		
31st	March	2021
9th	June	2021
7th	July	2021

School News

Information and advice for parents and students

Parent to School App

View your child's information on your mobile phone! An exciting new service is now available for parents to ensure communication between the school and yourselves is easier and more effective. The app is completely free of charge to you and can be installed on your mobile phone or tablet. It currently supports both Apple iOS and Android devices (with Windows mobile to follow) and you'll be able to see information for your children.

What do I need to do now? Please ensure we have your correct mobile number and email address on our school database to ensure you can use the new app as soon as it is available. Forms are available from the school office to check and update your details or simply email them to the school. You'll need to make sure you keep these details up to date in future to maintain access to the service.

What happens next? Download The Xpressions app onto your phone. The app will go through a step by step registration with you. You will be asked to enter your email address and your mobile number. You must ensure the details you enter at registration are the same as the information we hold on the school database. When you have entered details correctly you will receive a text message to your mobile phone containing a 6 digit code. Enter the code and login.

More information on registering can be found at <http://parents.groupcall.com/setup/account-registration/>

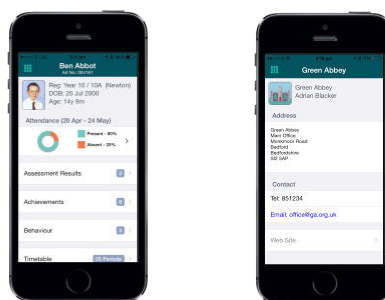
Once installed and set up you will be able to see some or all of the following information.

- Attendance records and absences.

- Achievement records.
- Behaviour incidents – eg Lack of homework.

If you have any problems with registering it will be likely the details we have on our school database do not match to the details you are entering. You would need to inform the school immediately of these changes.

Please let the school know your up to date: email address, Mobile Phone number



Please can parents/carers email the school office at schooloffice@bentleywood.harrow.sch.uk with their up to date contact details including mobile numbers and email addresses to be sure that they are receiving all the information being sent to parents from the school with regards to the current situation.

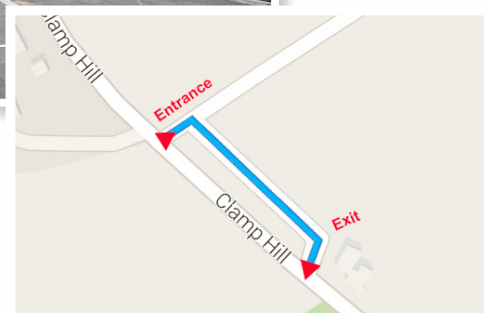
Dropping off and collecting your daughter from school

For student safety only use the Clamp Hill entrance to drop off and pick up your daughter from school. We would like to remind you that our Bridges Road gate is no longer in use for dropping off or collecting students from school by car.

We wish for all parents/carers to use the Clamp Hill entrance and the designated safe road/drop off point.

Please note if the drop off point is full, parents should drive through the drop off area and park on Clamp Hill Road, on the left hand side facing Brockhurst Corner/Uxbridge Road.

For any parents who are unsure where the drop off is please use postcode HA7 3JW. Details can also be found on the school website under the 'Contact Us' section.



Don't forget to check our website for regular news updates:

www.bentleywood.harrow.sch.uk