

Harrow's Early Support Children's Centres

Early Support Timetable Pre natal – 9 years 25 July – 02 September 2022

For services for
age 9 – 19 /
25 years go to
[@Wealdstone.youthhub](https://www.instagram.com/wealdstone.youthhub)
on Instagram

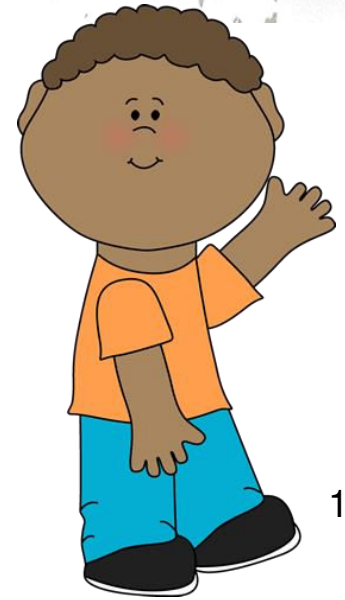
Harrow Council
Early Support
Small Steps – Lasting Change

We are saying BYE, BYE to bookings!!
Early Support are relaunching drop in groups &
sessions!

Check out the timetable to see what sessions
you can drop in to!

You will still need to call & book in to some sessions so please do
double check the timetable

Please note numbers are limited to keep us all
safe!



COVID GUIDELINES & GROUP INFO



In line with the Local Authority guidance we continue to have some Covid 19/ infection control measures in place which we request are adhered when visiting an ES sites

These include following the key measures Hands, Face, Fresh Air

Wearing a face covering when in close proximity to others or in contact with people you don't usually see

Hand washing/ sanitising when entering a site

Respect others wish to social distance

Wearing appropriate clothes for the weather as where possible windows and doors will be open and most of the activities will be outdoors

Bringing in a bottle of water for you and your child to drink (no food please!)

Bringing in a made up bottle of milk if your baby will need one (*always follow safe bottle guidance from NHS*)

Ensuring that you do not attend if you or a member of your household is unwell or has signs of Covid 19

How drop ins work

Arrive at the site no more than 5 minutes before the start of the session

If you are not registered advise the admin so they can support you to get the forms filled out (you will not be able to sign in at this time)

You will need to wait outside in a line

2 – 5 minutes before the start of the session the admin will welcome you in to sign the register

On entry to a site you will need to hand sanitise

Group numbers will remain small – once numbers are met families will be turned away to ensure safety

There will be a small area for you to leave your personal belongings please only bring what you need

The room will be set and outside area (where available) will be set up with a range of activities for you and your child to enjoy

External / internal (depending on the site) buggy areas are available

(we encourage parents to bring a buggy lock)

Parents and carers are responsible for their child/ren at all times

No mobile phones

No hot drinks

Parents and carers are responsible for their family's belongings at all times

Have tons of fun, play & learn together!!!!



Please follow this guide in all of our groups and services.

Note; we have limited space for buggies and for health and safety reasons buggies can not be brought in to groups, where possible please leave your buggies at home. We recommend bringing a buggy lock with you to centres with outdoor buggy bays.

Please arrive only 5mins prior to the group start times. Doors will open at most sites 2 - 5mins prior to the start time for sign in



Mobile phones should be turned to silent or switched off during groups and handheld computers should be switched off. If you would like to take a picture or video of a special moment, ask a member of the team.



You remain responsible for your children at all times.



We provide water in all groups. (Due to allergies, we are unable to agree to families bringing their own food or snacks)



You are responsible for all personal belongings.



There is an expectation that everyone helps to tidy up.



Most importantly **PLAY, LEARN** and **HAVE FUN!**

Getting ready for school and transitions

Is your child starting school in September?

Is your child starting a new childminder, pre school or nursery class?

This term & the summer holiday is important for your child..

Come along to our rising stars groups where staff can support you with your child's transition to school ...

Look out for the following groups on the timetable.....

TALK & Play

Learning Through Play

Imagine & Play

Stories Come Alive

PAFT

Health & well-being

Outdoor play groups

Workshops

Top tips and advice sessions

Some of the things you can do as a parent to help your child to feel ready for school.....

Come to groups and sessions to support your child's social skills, learning and development

Ask staff about the curriculum

Ensure your child has had a two year old health and development check (Call 020 8736 6222 or 020 8736 1066 to book)

Let staff know if you have any concerns about your child's development.

Attend toilet learning workshops or ask for tips about readiness to toilet learn

Encourage your child to practise feeding themselves, dressing themselves and to use their words, signs or other communication skills to share their wants & needs

Practise the walk to school

Make sure you are open & honest about your child's likes, wants & needs during school induction

Let staff know if you have questions or are worried about your child's speech and language



Support, advice and guidance from...

Early Support

Small Steps - Lasting Change

Parenting is tough!

We can all do with a little bit of advice and guidance at times

The Early Support staff are trained in the most up to date evidence based approaches to support you as a parent or carer!

Staff are here to....

- listen
- to support you to make the best decision for your family
- to offer advice and support from a friendly professional
 - to reassure
- to support access to any services you may need or want and
 - to do what ever they can to offer support!

These topics will help with starting school

You can get support through any of the virtual sessions however you can also call 020 8736 6222 and ask to be put in contact with a member of the team

Ask about sleep routines

Ask about toilet learning

Ask about meal times or feeding

Ask about behaviour

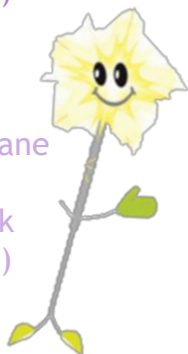
Behaviour Workshop

Virtual

Call 020 8736 6550 to book
(Parents of 2 - 4 year olds)

22 August 2022 - AM

31 August 2022 - AM



The Pinner Centre, Chapel Lane

Car Park, HA5 1AA

Call 020 8424 1460 to book
(Parents of 2 - 4 year olds)

25 July 2022 - PM

Virtual

28 July 2022 - AM

Call 020 8424 1066 to book
(focus on alternatives to physical chastisement)



Oral Health Workshop

Chandos Children's Centre, Delivery Site,
Chandos Crescent, HA8 6HL

Call - 020 8736 6550

03, 10 & 17 August 2022 - AM



Sleep Workop

Virtual

Call 020 8736 6222 to book
03 August 2022 - PM

Virtual

Call 020 8736 6550 to book
15 August 2022 - AM

Early Support

Parenting Workshops

We all need advice sometimes....

Appointment only

Toilet Learning Workshop

Cedars Children's Centre, Whittlesea Road,
HA3 6LS

Call - 020 8736 6222

17 August 2022 - PM

Virtual

Call 020 8736 6480 to book

27 July 2022 - PM

Call 020 8424 1066

04 August 2022 - AM

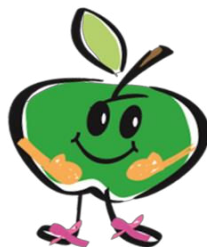


Healthy Eating & meal times Workshop

Virtual

Call 020 8736 6550 to book

01 August 2022 - PM



Chandos Children's Centre, Delivery Site,
Chandos Crescent, HA8 6HL

Call - 020 8736 6550

24 August 2022 - AM

Sibling relationships

Support and advice around sibling rivalry

Routines

Boundaries & consistency

Parenting tips

Ideas on special play times

Being a parent of siblings can be tough, balancing your time, supporting their well-being, meeting their needs that often differ & questioning yourself about whether you are doing enough ... not to mention any challenges around sibling relationships! If you would like to talk things through or get some ideas give us a call & book on to our top tips session or our sibling relationships workshop



10 August 2022 – PM

Virtual

Call 020 8736 6222 to book



**FREE - Oral
Health
support and
advice on
the phone**



**Top tips on
when to
start
brushing**

**Top tips on
when how
to start
brushing**

**Top tips on
how to
encourage
brushing**

www.facebook.com/harrowcc

**To arrange a telephone appointment send a Facebook inbox message
including the following info**

**Oral health advice – your name, the age of your child & your contact number
or call 020 8736 6222 and ask to talk to a member of the team about oral health**



Is your child starting school?

Is your child ready for school?
Would you like support with your child's
transition to school?



How to ask for support?
Go to Facebook page:
www.facebook.com/harrowcc
Send an inbox Facebook message with your full name, contact number and e-mail address and a practitioner will be in touch to support you.



Virtual transition in to school support –

08 August 2022 – PM – Call to book a place – 020 8736 6480

11 August 2022 – PM – Call to book your place – 020 8736 6550

01 September 2022 – PM – Call to book your place 020 8424 1066

Calling out to parents of 2 year olds.....

Did you know that your child is entitled to a health & development check?

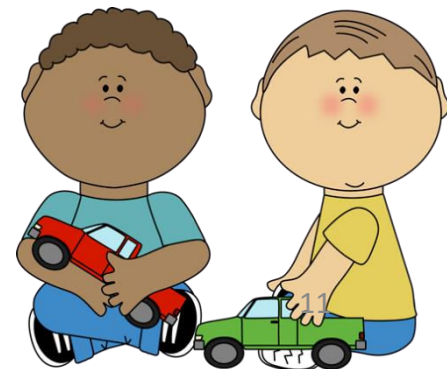
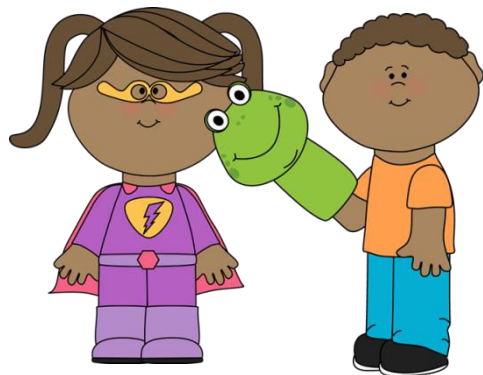
We are offering parents of two year olds a two year health and development progress check which would be completed remotely;
A practitioner would contact you on an agreed appointment date/time and complete progress check over the phone. You would be emailed completed progress check and offered support, advice and guidance where necessary.

The Two year health and development progress check is a great opportunity to;
*Learn about your child's development, including communication & physical development.
To get top tips on toilet learning, behaviour, sleep, saying bye bye to the dummy & bottle.
To ask questions and address any concerns that you have.
To support access to any other professionals that you would like support from.*

How to book a Two year Check?

Cedars – call - 020 8736 6222 – (Across the week)
Whitefriars - call – 020 8424 1066 – (Wednesday pm)

DATES AVAILABLE ON CONTACT WITH THE
CENTRE



Weaning parties

From 6 ½ months we would suggest you book and come along to a weaning party, to get recipe ideas, get reassurance about suitable foods and practice with some homecooked finger foods.



This baby is 6 ½ months, enjoying finger foods from the start

Baby's a little older here - you can see the progression in her hand skills



Weaning workshops / parenting sessions (for parents of babies from 5 months plus for advice around beginning weaning at 6 months)

Date & Time	Venue
27 July 2022 2 – 3pm	Cedars Children's Centre, Whittlesea road, HA3 6LS
24 August 2022 2 – 3 pm	Cedars Children's Centre, Whittlesea road, HA3 6LS

Please ring 020 8736 6222 to book a place for the weaning party

Early Support
Small Steps – Lasting Change

Weaning workshops

From 5 months we would suggest you join an online weaning workshop for top tips and advice on how to introduce solid foods with your baby!

To book a place on the workshop, please message the Facebook inbox

www.facebook.com/harrowcc

or email Early Support at earlysupporthub@harrow.gov.uk



Early Support
Small Steps – Lasting Change

Weaning workshops / parenting sessions (for parents of babies from 5 months plus for advice around beginning weaning at 6 months)

Date & Time

Venue

Tuesday 09 August 2022
10 - 11am

Remote group on Teams

Saturday Weaning workshops and parties

From 5 ½ months we would suggest you book and come along to a weaning workshop for top tips and advice on how to wean your baby!



Weaning Party

Between 6.5 – 9 months you can attend weaning parties at the Centre!

This is a great opportunity to get recipe ideas, get reassurance around suitable foods and practice weaning.

Please ring

020 8736 6222

to book a place for
the weaning party

Early Support
Small Steps – Lasting Change

Saturday weaning party dates

Date & Time	Venue
10 September 2022 10 – 11am	Cedars Children's Centre, Whittlesea Road, HA3 6LS - 020 8736 6222

Family Terrific Scientific Summer Course

Hillview Children's Centre

22 & 25 August 2022



- ❖ For parents and children aged 5 – 9 years to have fun together learning about science
- ❖ Learn together and from each other
- ❖ Fun activities to explore each week and easy experiments to do at home.
- ❖ Discover how to make 'Bendy Water', Make your own 'Rainbow' and a 'Tornado in a bottle'

How to enrol?

Click on the link below to complete an online enrolment form:

<https://www.webenrol.com/learnharrow/Default.asp?page=list&catID=20&providerID=&>

Please contact us via

email : learnharrow@harrow.gov.uk or  : 020 8204 3567

Bringing your story to life

Whitefriars Children's Centre

1 & 4 August 2022



- ❖ For parents and children aged 5 – 9 years to learn and have fun together
- ❖ You will use a range of materials to create an expressive popup art book together
- ❖ Learn a number of decorative and expressive mark making techniques

How to enrol?

Click on the link below to complete an online enrolment form:

<https://www.webenrol.com/learnharrow/Default.asp?page=list&catID=20&providerID=&>

Please contact us via

email : learnharrow@harrow.gov.uk or  : 020 8204 3567

Free Baby Feeding Support Groups in Harrow

All welcome



Central and North West London **NHS**
NHS Foundation Trust

Monday 1 - 3pm

Cedars Children's Centre, Whittlesea Road, Harrow Weald, HA3 6LS

Wednesday 10am - 12pm

Virtual Group

Thursday 9am - 3.30pm

Kenmore Park Children's Centre, Warneford Road, Kenton, HA3 9HZ

Book a space to get some support with feeding your baby or have a chat with other mothers. A Health Visitor and Lactation Consultant will be at each group.

To book a space at any of the groups please email Julie Peris on j.peris@nhs.net

Summer Holidays – Week 1 – Theme – Creativity & Imagination

	Monday 25 July 2022	Tuesday 26 July 2022	Wednesday 27 July 2022	Thursday 28 July 2022	Friday 29 July 2022
<p>Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222 Sessions are drop in unless stated otherwise</p>	Learn Harrow – Music Session Call for more information	Partner agencies	10 – 11am PAFT Sensory Baby Group - Birth – Crawlers – drop in	10 – 11am TALK & Play - 18 months+ – drop in	<p>10.30 – 11.30am Outdoor Play 'Little Adventurers' – Our allotment drop in</p>
	1 – 2.30pm Fun with Dens – drop in 2 – 9 years		PM – Weaning Party – booked places	Health	
	12 – 2pm Breastfeeding Peer Support	1 – 2.30pm Sensory Play – drop in Sensory room time		1 – 2.30pm Imagine & Play – Dinosaurs Drop in	
<p>Stanmore Park William Drive Stanmore HA7 4FZ 020 8736 6480 Sessions are drop in unless stated otherwise</p>	10 – 11am Sensory Play – drop in	10 – 11am Arts & Crafts – drop in 2 – 9 years	10 – 11am TALK & Play -18 months+ - drop in	Partner agencies	<p>10 – 11am Baby Group <i>Womb to World</i> Pre natal – Crawlers With sleep advice drop in</p>
	1 – 2.30pm Imagine & Play – drop in Farm Yard Fun	1 – 2.30pm Imagine & Play – drop in Under the sea	1 – 2pm Virtual toilet learning workshop Call to book your place		
<p>The Pinner Centre Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460 Sessions are drop in unless stated otherwise</p>	10 – 11am Walk & Talk in the Park – drop in Pinner Memorial Park	10 – 11am PAFT Sensory Baby – drop in Birth – 18 months	<p>10 – 11.30am Art in the Park – drop in Meet at the Pinner Centre and then create Art in the award winning Pinner Memorial Park 4 – 9 years (Siblings welcome)</p>	10 – 11am Fun with science – drop in 4 – 10 years	
	1 – 2.30pm Behaviour management workshop parents of 2 – 4 year olds Call to book your place	1 – 2pm TALK & Play – drop in 18 months+		1.30 – 2.30pm Explore & Create – drop in	
<p>Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ 020 8424 1066 Sessions are drop in unless stated otherwise</p>	10 – 11am PAFT Sensory Baby Group – drop in Crawlers – 18 months	9.30 – 11.30am Childminders' Group	10 – 11am Plant & Grow – drop in 2 – 9 years (siblings welcome)	10 – 11.30am Virtual Behaviour workshop – alternatives to physical chastisement	<p>10 – 11am TALK & Play 18 months+ drop in</p>
		1 – 2.30pm Stories Come Alive – drop in	1 – 2.30pm Fun with science – drop in 4 – 10 years	1 – 2pm Arts & Crafts – drop in	
<p>Chandos Chandos Crescent HA8 6HL 020 8736 6550 Sessions are drop in unless stated otherwise</p>		10 – 11am Explore & Create – drop in		10 – 11am Making Music – drop in	<p>Partner agencies</p>
		1 – 2.30pm TALK advice appointments			

	Monday 25 July	Tuesday 26 July	Wednesday 27 July	Thursday 28 July	Friday 29 July
Hillview 2 Grange Road, South Harrow, HA2 OLW	10-11am Imagine and Play (all ages) Drop in	10-11am Arts and Crafts (5-9 years) Drop in	Partner service		Partner services
	1-2pm Stories come Alive (All ages) Drop in	Partner service		1 - 2.30pm Portage Appointments <i>(Bookings)</i>	1-2pm Baby sensory (birth-crawlers) Drop in
Kenmore Park Warneford Road, Kenton, HA3 9HZ 020 8416 8400		9.15 - 11.15am Healthy Child Clinic (Appointments)	10-11am Learning through play (all ages) Drop in	9- 3.30pm Breastfeeding peer support (bookings)	9.15am - 3.30pm Healthy Child Clinic (bookings)
	1.30-2.30 Design and create (5-9 years) Drop in	1 - 4pm Health Visiting (Appointments)		Partner service	
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner service	10-11am Explore and learn outdoors (All ages) Drop in		10-11am Junk modelling (2 years +) Drop in	Partner service
	Partner service	1-2pm Find your voice (booking)	1-2pm Art in the park Meet at Byron park (all ages) Drop in		Partner service

Summer Holidays – Week 2 – Theme – Healthy Living

	Monday 01 August 22	Tuesday 02 August 22	Wednesday 03 August 22	Thursday 04 August 22	Friday 05 August 22
<p>Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222 Sessions are drop in unless stated otherwise</p>	<p>10 – 11am Making Music - Dance & Sing – drop in</p>	<p>Partner agencies</p>	<p>10 – 11am PAFT Baby Group - Birth – Crawlers – drop in</p>	<p>10 – 11am TALK & Play - 18 months + Drop in</p>	<p>10 – 11.30am Mini Master Chef 5 – 10 years Call to book</p>
	<p>1 – 3pm <i>Is your child 2 / 3 or 4 years old? If they are not in a setting you can book in for a health & development check with a member of the team</i></p>	<p>1 – 2.30pm Little Chefs (Cooking group) 2 – 9 years Call to book your place</p>	<p>9.30 – 11.30am Parenting top tips & advice session – call to book</p>	<p>Health</p>	
	<p>PM - Breastfeeding Peer Support</p>		<p>1 – 2pm Virtual - sleep workshop Call to book a place</p>	<p>1 – 2.30pm Imagine & Play – drop in Cedars Supermarket & Café</p>	
<p>Stanmore Park William Drive Stanmore HA7 4FZ 020 8736 6480 Sessions are drop in unless stated otherwise</p>	<p>10 – 11am Snack Attack – 9 months + Prepare & eat healthy snacks Book your place</p>	<p>10 – 11am Lets Get Physical – drop in</p>	<p>10 – 11am Making Music - Dance & Sing – drop in</p>	<p>Partner agencies</p>	<p>10 – 11am Baby Group Womb to World Pre natal – Crawlers Weaning focus Drop in</p>
	<p>1 – 2.30pm Imagine & Play Teddy Bears Picnic – drop in</p>	<p>1 – 2.30pm Imagine & Play – drop in Including - Oral health</p>		<p>1 – 2.30pm Understanding Emotions Workshop</p>	
<p>The Pinner Centre Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460 Sessions are drop in unless stated otherwise</p>	<p>10 – 11am Walk & Talk in the Park – drop in Pinner Memorial Park</p>	<p>10 – 11am PAFT Baby Birth – 18 months – drop in</p>	<p>10 – 11.30am Art in the Park Meet at the Pinner Centre and then create Art in the award winning Pinner Memorial Park 4 – 9 years (Siblings welcome) – drop in</p>	<p>10 – 11am Snack Attack – 9 months + Prepare & eat healthy snacks Book your place</p>	
	<p>We are busy deep cleaning the centre</p>	<p>1 – 2pm TALK & Play – drop in 18 months +</p>		<p>1.30 – 2.30pm Lets Get Physical – drop in</p>	
<p>Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ 020 8424 1066 Sessions are drop in unless stated otherwise</p>	<p>All day Learn Harrow Bringing your story to life Call to find out more</p>	<p>9.30 – 11.30am Childminders' Group</p>	<p>10 – 11am Plant & Grow – drop in 2 – 9 years (siblings welcome)</p>	<p>10 – 11.30am Virtual - Toilet Learning Workshop - Call to book</p>	<p>10 – 11am TALK & Play 18 months + drop in</p>
		<p>1 – 2.30pm Snack Attack – 9 months + Prepare & eat healthy snacks Book your place</p>	<p>We are busy deep cleaning the centre</p>	<p>All day Learn Harrow Bringing your story to life Call to find out more</p>	
<p>Chandos Chandos Crescent HA8 6HL 020 8736 6550 Sessions are drop in unless stated otherwise</p>	<p>1 – 2.30pm Virtual Healthy Mealtimes workshop parents of 2 – 9 year olds Call to book your place</p>	<p>10 – 11am Lets Get Physical – drop in</p>	<p>10 – 11.30am Oral health advice session Call to book</p>	<p>10 – 11am Making Music – Dance & Sing – drop in</p>	<p>Partner agencies</p>
		<p>1 – 2.30pm TALK advice appointments</p>		<p>1 - 2pm Snack Attack – 9 months + Prepare & eat healthy snacks Book your place</p>	

	Monday 1 Aug	Tuesday 2 Aug	Wednesday 3 Aug	Thursday 4 Aug	Friday 5 Aug
Hillview 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	10-11am Lets get physical (crawlers -18 months) Drop in		Partner service		10 - 11am Talk and play (18 months+) Drop in
	1 - 4pm Health Visiting Appointments	1-2pm Little cooks (2years+) Bookings			1 - 2.30pm Portage Appointments <i>(Bookings)</i>
Kenmore Park Warneford Road, Kenton, HA3 9HZ 020 8416 8400	10-11am Stories come Alive (all ages) Drop in	9.15 - 11.15am Healthy Child Clinic		9- 3.30pm Breastfeeding peer support (bookings)	9.15am - 3.30pm Health clinic Appointments
		1 - 4pm Health Visiting Appointments	1-2pm Explore and learn outdoors (all ages) Drop in	1-2pm Explore and learn outdoors (all ages) Drop in	Post Natal Support Group By Appointment
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner service	10-11am Lets get physical (all ages) Drop in Meet at Byron park	Partner service	10-11am Explore and learn outdoors (birth-4 years) Drop in	Partner service
	1.30 - 2.30pm Sensory baby (with weaning advice) (birth- crawlers) Drop in				

Summer Holidays – Week 3 - Theme – The Great Outdoors

	Monday 08 August 22	Tuesday 09 August 22	Wednesday 10 August 22	Thursday 11 August 22	Friday 12 August 22
<p>Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222 Sessions are drop in unless stated otherwise</p>	<p>10 – 11am Making Music – Down in the jungle – drop in</p>	<p>Virtual weaning workshop Call to book a place</p>	<p>10 – 11am PAFT Baby Group - Birth – Crawlers – drop in</p>	<p>10 – 11am TALK & Play - 18 months + Drop in</p>	<p>10 – 11.30am Fun at the park – drop in Meet at Cedars & walk & talk to the local park</p>
	<p>1 – 3pm Is your child 2 / 3 or 4 years old? If they are not in a setting you can book in for a health & development check with a member of the team</p>	<p>1 – 2.30pm Indoor & Outdoor Sensory Play – drop in Sensory room time</p>	<p>9.30 – 11.30am Parenting top tips & advice session – call to book</p>	<p>Health</p>	
	<p>PM - Breastfeeding Peer Support</p>		<p>1 – 2pm Virtual – Sibling relationships Sibling rivalry Call to book a place</p>	<p>1 – 2.30pm Imagine & Play – drop in Summer holiday</p>	
<p>Stanmore Park William Drive Stanmore HA7 4FZ 020 8736 6480 Sessions are drop in unless stated otherwise</p>	<p>10 – 11am Sensory Play – The great outdoors – drop in</p>	<p>10 – 11.30am Fun at the Park – drop in Meet at Stanmore & walk to the park for games</p>	<p>10 – 11am Making Music – Jungle animals drop in Today is National Lion Day</p>	<p>Partner agencies</p>	<p>10 – 11am Baby Group Womb to World Pre natal – Crawlers Outdoor play Drop in</p>
	<p>1 – 2.30pm Imagine & Play 'Pets' – drop in</p>	<p>1 – 2.30pm Indoor & Outdoor Play – drop in</p>		<p>1 – 2.30pm Virtual transitions in to school workshop / advice</p>	
<p>The Pinner Centre Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460 Sessions are drop in unless stated otherwise</p>	<p>10 – 11am Walk & Talk in the Park – drop in Pinner Memorial Park</p>	<p>10 – 11am PAFT Baby Birth – 18 months – drop in</p>	<p>10 – 11.30am Art in the Park Meet at the Pinner Centre and then create Art in the award winning Pinner Memorial Park 4 – 9 years (Siblings welcome) – drop in</p>	<p>10 – 11am Fun with science – drop in 4 – 10 years</p>	
		<p>1 – 2pm TALK & Play – drop in 18 months +</p>		<p>1.30 – 2.30pm Lets Get Physical – drop in</p>	
<p>Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ 020 8424 1066 Sessions are drop in unless stated otherwise</p>	<p>10 – 11am PAFT Baby Group – drop in - Crawlers – 18 months</p>	<p>9.30 – 11.30am Childminders' Group</p>	<p>10 – 11am Plant & Grow – drop in 2 – 9 years (siblings welcome)</p>	<p>10 – 11.30am Fun at the park Meet at Whitefriars & walk & talk to the local park</p>	<p>10 – 11am TALK & Play 18 months + drop in</p>
		<p>1 – 2.30pm Imagine & Play – drop in Dear Zoo</p>	<p>1 – 2.30pm Fun with science – drop in 4 – 10 years</p>		
<p>Chandos Chandos Crescent HA8 6HL 020 8736 6550 Sessions are drop in unless stated otherwise</p>	<p>1 – 2.30pm Virtual – transitions to school workshop Call to book your place</p>	<p>10 – 11am Lets Get Physical – drop in</p>	<p>10 – 11.30am Oral health advice session Call to book</p>	<p>10 – 11am Making Music – My natural world – drop in</p>	<p>Partner agencies</p>
				<p>1 - 2pm Fun at the park – drop in Meet at Chandos & walk & talk to the local park</p>	

	Monday 8 th Aug	Tuesday 9 th Aug	Wednesday 10 th Aug	Thursday 11 th Aug	Friday 12 th Aug
Hillview 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692		Partner service	10-11am Harrow library service Story time (2-8 years) bookings		Partner service
	1 - 4pm Health Visiting Appointments			1 - 2.30pm Portage Appointments <i>(Bookings)</i>	
Kenmore Park Warneford Road, Kenton, HA3 9HZ 020 8416 8400	10 – 11am Learning Through Play (all ages) Drop in	9.15 - 11.15am Healthy Child Clinic		9- 3.30pm Breastfeeding peer support (bookings)	9.15am - 3.30pm Healthy Clinic Appointments
	1.30—2.30pm Growing and planting (2 years +) Drop in	1 - 4pm Health clinic Appointments	1.30-2.30pm Lets get physical (all ages) Drop in	1-2pm Fire brigade visit (2 years +) bookings	Partner service
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner services	10-11am Nature walk Meet in Byron park (all ages) Drop in	1-2pm Den building (2 years +) Drop in		10-11.30am Learn Harrow Being parents booking
	1-2pm Explore and learn outdoors (all ages) Drop in				Partner services

Summer Holidays – Week 4 - Theme – People Who Help Us

	Monday 15 August 22	Tuesday 16 August 22	Wednesday 17 August 22	Thursday 18 August 22	Friday 19 August 22
<p>Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222 <i>Sessions are drop in unless stated otherwise</i></p>	<p>10 – 11am Making Music – People who help us – drop in</p>	<p>Partner agencies</p>	<p>10 – 11am PAFT Baby Group - Birth – Crawlers – drop in</p>	<p>10 – 11am TALK & Play - 18 months + Drop in</p>	<p><i>10 – 11.30am Outdoor Play & Allotment care Little Adventurers 'Farmers theme' – drop in</i></p>
	<p>PM - Breastfeeding Peer Support</p>	<p>1 – 2.30pm Sensory Play – drop in Sensory room time</p>	<p>1 – 2.30pm Face to face - Toilet Learning (Parents only) Call to book a place</p>	<p>Health</p>	
<p>Stanmore Park William Drive Stanmore HA7 4FZ 020 8736 6480 <i>Sessions are drop in unless stated otherwise</i></p>	<p>10 – 11am Sensory Play – Fireman Sam’s Water Fun – drop in</p>	<p>10 – 11.30am Lets Get Physical– drop in 'Fitness & well-being'</p>		<p>Partner agencies</p>	<p>10 – 11am Baby Group Womb to World Pre natal – Crawlers How your health visitors can help Drop in</p>
	<p>1 – 2.30pm Imagine & Play 'Hospitals, Dr’s & Dentists’ – drop in With Oral health</p>	<p>1 – 2.30pm Indoor & Outdoor Play – drop in 'Police theme'</p>			
<p>The Pinner Centre Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460 <i>Sessions are drop in unless stated otherwise</i></p>		<p>10 – 11am PAFT Baby Birth – 18 months – drop in</p>	<p>10 – 11.30am Art in the Park Meet at the Pinner Centre and then create Art in the award winning Pinner Memorial Park 4 – 9 years (Siblings welcome) – drop in</p>	<p>10 – 11am Learning Through Play – drop in 'People who help us'</p>	
		<p>1 – 2pm TALK & Play – drop in 18 months +</p>		<p>1.30 – 2.30pm Build & Create – drop in 'Construction workers theme'</p>	
<p>Whitefriars Children’s Centre Whitefriars Avenue HA3 5RQ 020 8424 1066 <i>Sessions are drop in unless stated otherwise</i></p>	<p>10 – 11am PAFT Baby Group – drop in - Crawlers – 18 months</p>	<p>9.30 – 11.30am Childminders' Group</p>	<p>10 – 11am Plant & Grow – drop in 2 – 9 years (siblings welcome) 'Farmers theme'</p>		<p>10 – 11am TALK & Play 18 months + drop in</p>
			<p>1 – 2.30pm Fun with science – drop in 4 – 10 years – 'Great inventors'</p>		
<p>Chandos Chandos Crescent HA8 6HL 020 8736 6550 <i>Sessions are drop in unless stated otherwise</i></p>	<p>10 – 11am Virtual – Sleep workshop Call to book your place</p>	<p>10 – 11am Imagine & Play – People Who Help Us – drop in</p>	<p>10 – 11.30am Oral health advice session Call to book</p>	<p>10 – 11am Making Music – People Who Help Us – drop in</p>	<p>Partner agencies</p>
				<p>1 - 2pm Fun at the park – drop in Meet at Chandos & walk & talk to the local park</p>	

	Monday 15 th Aug	Tuesday 16 th Aug	Wednesday 17 th Aug	Thursday 18 th Aug	Friday 19 th Aug
Hillview 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	10-11am Stories come (all ages)	Partner service	10-11am Baby stay and play (birth –crawlers) Drop in		Partner service
	1-4 pm Health Visitor Appointments			1 - 2.30pm Portage Appointments (<i>Bookings</i>)	
Kenmore Park Wameford Road, Kenton, HA3 9HZ 020 8416 8400	10-11am Imagine and play (2 years+) Drop in	9.15 - 11.15am Healthy Child Clinic	Partner service	9- 3.30pm Breastfeeding peer support (bookings)	9.15am - 3.30pm Healthy Child Clinic Appointments
	1-2pm Create and explore (all ages) Drop in	1 - 4pm Health Visiting Appointments	1-2pm Harrow library service Story time (2-8 years) bookings	Post Natal Support Group By Appointment	Partner service
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner services	10-11am Explore and learn outdoors (all ages) Drop in		10-11am Stories come alive (5-9 years) Drop in	10-11.30 Learn Harrow Being Parents bookings
		1-2pm Imagine and play (2 years +) Drop in	1-2pm Sensory baby (Crawlers – 18 months) Drop in	1-3 pm Parenting Top Tips Call to book a place	Partner services

Summer Holidays – Week 5 – Theme – My Colourful World

	Monday 22 August 22	Tuesday 23 August 22	Wednesday 24 August 22	Thursday 25 August 22	Friday 26 August 22
<p>Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222 Sessions are drop in unless stated otherwise</p>		Partner agencies	10 – 11am PAFT Baby Group - Birth – Crawlers – drop in	10 – 11am TALK & Play - 18 months + Drop in	<p>10 – 11.30am Carnival themed activity session All ages – drop in</p>
	PM - Breastfeeding Peer Support	1 – 2.30pm Sensory Play – ‘Colours theme’ - drop in Sensory room time	9.30 – 11.30am Parenting top tips & advice session – call to book	Health	
			PM PA & SL – Weaning Party for parents of babies 6.5months plus Call to book your place	1 – 2.30pm Imagine & Play – drop in My Colourful world	
<p>Stanmore Park William Drive Stanmore HA7 4FZ 020 8736 6480 Sessions are drop in unless stated otherwise</p>	10 – 11am Sensory Play – ‘Colours theme’ – drop in	10 – 11.30am Learning Through Play – drop in ‘Colours through play’	10 – 11.30am Arts & Crafts Fun with colours – drop in	Partner agencies	
	1 – 2.30pm Imagine & Play ‘My Colourful World’ – drop in	1 – 2.30pm Indoor & Outdoor Play – drop in			
<p>The Pinner Centre Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460 Sessions are drop in unless stated otherwise</p>	10 – 11am Walk & Talk in the Park My Colourful world – drop in Pinner Memorial Park	10 – 11am PAFT Baby Birth – 18 months – drop in		10 – 11am Learning Through Play – drop in - ‘Colours through play’	
	1 – 3pm <i>Is your child 2 / 3 or 4 years old? If they are not in a setting you can book in for a health & development check with a member of the team</i>	1 – 2pm TALK & Play – drop in 18 months +		1.30 – 2.30pm Arts & Crafts – drop in Exploring colours	
<p>Whitefriars Children’s Centre Whitefriars Avenue HA3 5RQ 020 8424 1066 Sessions are drop in unless stated otherwise</p>		9.30 – 11.30am Childminders’ Group			
		1 – 2.30pm Imagine & Play – drop in My colourful world	1 – 2.30pm Learning Through Play – drop in ‘Colours through play’		
<p>Chandos Chandos Crescent HA8 6HL 020 8736 6550 Sessions are drop in unless stated otherwise</p>	10 – 11.30am Virtual – behaviour workshop Parents of 2 – 4 year olds Call to book your place	10 – 11am Arts & Crafts – Fun with Colours – drop in	10 – 11.30am Toilet Learning workshop Call to book	10 – 11am Messy Play – drop in	Partner agencies
				1 - 2pm Learning Through Play – drop in	

	Monday 22 nd Aug	Tuesday 23 rd Aug	Wednesday 24 th Aug	Thursday 25 th Aug	Friday 26 th Aug
Hillview 2 Grange Road, South Harrow, HA2 OLW 020 8422 4692 COLOURFUL WORLD	Learn Harrow Terrific Scientific Bookings	10-11am Stories come alive (all ages) Drop in		Learn Harrow Terrific Scientific Bookings	10-11am Baby stay and play (Crawlers -18 months) Drop in
	Learn Harrow Terrific Scientific Bookings			Learn Harrow Terrific Scientific Bookings	
Kenmore Park Warneford Road, Kenton, HA3 9HZ 020 8416 8400	10-11am Create and explore Outdoors (All ages) Drop in	9.15 - 11.15am Healthy Child Clinic	10-11am Imagine and play (all ages) Drop in	9- 3.30pm Breastfeeding peer support (bookings)	9.15am - 3.30pm Healthy Child Clinic
	1.30-2.30pm Messy play (2 years +) Drop in	1 - 4pm Health Visiting Appointments		Post Natal Support Group By Appointment	
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner service	10-11am Carnival time come dressed up (2-9 years) Drop in		10-11am Explore and learn outdoors (birth-4 years) Drop in	Partner service
	Partner service	1-2pm Colour walk meet in Byron park (All ages) Drop in	1-2pm Messy play (all ages) Drop in		Partner service

Summer Holidays – Week 6 – Theme – Learning Through Play

	Monday 29 August 22	Tuesday 30 August 22	Wednesday 31 August 22	Thursday 01 Sept 22	Friday 02 Sept 22
<p>Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222 <i>Sessions are drop in unless stated otherwise</i></p>	Bank Holidays	Partner agencies	10 – 11am PAFT Baby Group - Birth – Crawlers – drop in	10 – 11am TALK & Play - 18 months + Drop in	10.30 – 11.30am Outdoor Play 'Little Adventurers' – drop in
			1 – 2pm Learning Through Play – drop in - Fun with Numbers	Health	
				1 – 2.30pm Imagine & Play – drop in My big school	
<p>Stanmore Park William Drive Stanmore HA7 4FZ 020 8736 6480 <i>Sessions are drop in unless stated otherwise</i></p>		10 – 11.30am Learning Through Play – drop in Fun with numbers		Partner agencies	10 – 11am Baby Group Womb to World Pre natal – Crawlers Drop in
		1 – 2.30pm Indoor & Outdoor Play – drop in			
<p>The Pinner Centre Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460 <i>Sessions are drop in unless stated otherwise</i></p>		10 – 11am PAFT Baby Birth – 18 months – drop in	10 – 11.30am Art in the Park Meet at the Pinner Centre and then create Art in the award winning Pinner Memorial Park 4 – 9 years (Siblings welcome) – drop in	10 – 11am Little Mark Makers – drop in	
		1 – 2pm TALK & Play – drop in 18 months +		1.30 – 2.30pm Learning Thoug Play – drop in	
<p>Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ 020 8424 1066 <i>Sessions are drop in unless stated otherwise</i></p>		9.30 – 11.30am Childminders' Group	10 – 11am Learning Through Play Fun with phonics – drop in	10 – 11.30am Indoor & Outdoor Play – drop in	10 – 11am TALK & Play 18 months + drop in
			1 – 2.30pm Imagine & Play My Big School – drop in	1 – 2.30pm Transitions to school workshop Virtual	
<p>Chandos Chandos Crescent HA8 6HL 020 8736 6550 <i>Sessions are drop in unless stated otherwise</i></p>		10 – 11am Imagine & Play My Big School – drop in	10 – 11.30am Virtual - Behaviour 4 – 9 years workshop Call to book	10 – 11am Learning Through Play – drop in	Partner agencies

	Monday 29 Aug	Tuesday 30 Aug	Wednesday 31 Aug	Thursday 1 Sept	Friday 2 nd Sept
Hillview 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692 LEARN THOROUGH PLAY TRANSITION TO SCHOOL	BANK HOLIDAY	10-11am Fun with Mark making (2 years+) Drop in		10-11am Baby sensory Drop in (Birth - crawlers)	Partner service
			Partner service	1 - 2.30pm Portage Appointments (Bookings)	
Kenmore Park Warneford Road, Kenton, HA3 9HZ 020 8416 8400		9.15 - 11.15am Healthy Child Clinic		9- 3.30pm Breastfeeding peer support (bookings)	9.15am - 3.30pm Healthy Child Clinic
		1 - 4pm Health Visiting Appointments		Post Natal Support Group By Appointment	
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134			Partner service	Transition to school parenting advice Please call to book	10-11.30am Learn Harrow Being Parents
		1-2pm Fun with science Drop in (5-9 years)	1-2pm Harrow Library service Story time (2-8 years) bookings	1-2pm Imagine and play (2 years+) Drop in	Partner service

Centres in the Cedars Hub	Address and contact details	Centres in the Hillview Hub	Address and contact details
Cedars Hub Children's Centre	Whittlesea Road, Harrow, HA3 6LS. 020 8736 6222 8am – 6pm	Hillview Hub Children's Centre	2 Grange Road, South Harrow, HA2 0LW. 020 8422 4692
The Pinner Centre	Chapel Lane Car Park, Pinner HA5 1AA 020 8424 1460	Kenmore Park Delivery Site	Warneford Road, Kenton, HA3 9HZ. 020 8416 8400
Whitefriars Delivery Site	Whitefriars Avenue, Harrow, HA3 5RQ. 020 8424 1066	Gange Delivery Site	68 Canning Road, Wealdstone, HA3 7SN. 020 8427 0134
Chandos Delivery Site	Chandos Crescent, Edgware, HA8 6HL. 020 8736 6550	Elmgrove Delivery Site	Kenmore Avenue, Kenton, HA3 8LU. 020 8907 4941
Stanmore Park Delivery Site	William Drive, Stanmore, HA7 4FZ. 020 8736 6480	Wealdstone Youth Hub The Wealdstone Youth Centre, 38 – 42 High Street, Wealdstone, HA3 7AE 020 8416 8667	

Please remember, all our timetables can be found in the photo sections on Facebook:



www.facebook.com/harrowcc



Safeguarding is EVERYONE'S RESPONSIBILITY

If you are concerned about a child call
020 8901 2690 on weekends or after 5pm call **020 8424 0999**

Domestic Abuse
Support and Advice

If you are feeling unsafe or are experiencing domestic violence you can seek support by calling the Golden Number **020 8901 2690**

or the DA helpline on
020 8907 8148
24 hrs 0808 2000 247

Stay safe!