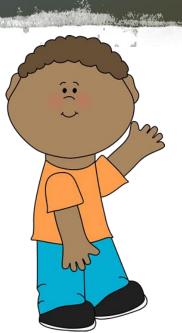
Harrow's Early Support Children's Centres

Early Support Timetable Pre natal – 9 years 03 January – 17 February 2023

For services for age 9 – 19 / 25 years go to @Wealdstone.youthhub on Instagram

Early Support groups are drop in unless stated otherwise Check out the timetable to see what sessions you can drop in to! You will still need to call & book in to some sessions so please do double check the timetable Please note numbers are limited to keep us all safe!



Harrow Council Early Support Small Steps - Lasting Change

Please follow this guide in all of our groups and services.

Note; we have <u>limited space for buggies</u> and for health and safety reasons buggies can not be brought in to groups, <u>where possible</u> <u>please leave your buggies at home</u>. We recommend bringing a buggy lock with you to centres with outdoor buggy bays. Please arrive only 10mins prior to the group start times. Doors will open at most sites 2 - 5mins prior to the start time for sign in



Mobile phones should be turned to silent or switched off during groups and handheld computers should be switched off. If you would like to take a picture or video of a special moment, ask a member of the team.



You remain responsible for your children at all times.



We provide water in all groups. (Due to allergies, we are unable to agree to families bringing their own food or snacks)



You are responsible for all personal belongings.



There is an expectation that everyone helps to tidy up.



Most importantly PLAY, LEARN and HAVE FUN!



Behaviour Workshop

Chandos Children's Centre, Delivery Site, Chandos Crescent, HA8 6HL Call - 020 8736 6550 (Parents of 3 - 9 year olds) 26 January 2023 - 1.30 - 2.30pm

00

Virtual Call 020 8736 6550 to book 16 January 2023 - 1.30 - 2.30pm (focus on parents of 2 - 4 year olds)

The Pinner Centre, Chapel Lane Car Park, HA5 1AA Call 020 8424 1460 to book 06 Feb 2023 - 1 - 2.30pm (focus on alternates to physical chastisement)



Managing Emotions Workshop

Virtual Call to book - 020 8736 6480 08 February 2023 - 1 - 2.30pm



Oral Health Workshop Chandos Children's Centre, Delivery Site, Chandos Crescent, HA8 6HL Call - 020 8736 6550 Workshop - 05 January 2023 - 1.30 - 2.30pm Stay & Play Group - 19 January 2023 - 1.30 - 2.30pm

Early Support Parenting Workshops

We all need advice sometimes.... Appointment only



Healthy Eating & meal times Workshop

Virtual Call to book - 020 8736 6480 01 February 2023 - 1 - 2.30pm

Chandos Children's Centre, Delivery Site, Chandos Crescent, HA8 6HL Call - 020 8736 6550 09 February 2023 - 1.30 - 2.30pm

Parenting Top Tips & Advice Appointments

Virtual / Face to Face Call to book - 020 8424 1460 09 January 2023 23 January 2023 30 January 2023



Sleep Worksop Virtual Call to book - 020 8736 6550 06 February 2023 12 - 1pm



Toilet Learning Workshop

Chandos Children's Centre, Delivery Site, Chandos Crescent, HA8 6HL Call - 020 8736 6550 12 Jan 2023 - 1.30 - 2.30pm 02 February 2023 - 1.30 - 2.30pm



Behaviour Workshop Virtual 16 January 2023 10-11am (2-4 years) 1-2pm (5-9 years) Book your place by calling 020 8416 8400



Sleep workshop Vitual 18 January 2023 9.30-10.30 (0-6 months)

11am-12 (6 months +) Book your place by calling 020 8416 8400

Family meal times workshop Virtual 23 January 2023 1-2pm

Book your place by calling 020 8907 4941



Toilet Learning workshop 30 January 1-2pm Elmgrove Delivery Site Book your place by calling 020 8907 4941

5

Sibling relationships

Support and advice around sibling rivalry Routines Boundaries & consistency Parenting tips Ideas on special play times

Being a parent of siblings can be tough, balancing your time, supporting their wellbeing, meeting their needs that often differ & questioning yourself about whether you are doing enough ... not to mention any challenges around sibling relationships! If you would like to talk things through or get some ideas give us a call & book on to our top tips session or our sibling relationships workshop

Wednesday 11 January 2023 PM – Virtual Call to book your place – 020 8736 6480



Special playtimes group

5 week programme 2023

For parents/ main carers with children age 2 – 8 years

Book a place to attend our meet and greet where you can talk to a practitioner on a one to one about your child's development and whether you would like to sign up to this 5 week programme.

During the five week course we can support you with:

- Information and advice about special educational needs
 - Promoting health, independence and self help skills
- Play activities to promote social and emotional development, language and communication and physical skills
 - Outdoor learning and sensory play

Cedars Children's Centre,

Whittlesea Road,

Harrow,

HA3 6LS



Wednesday pm:

1 March 2023 – 1.30 – 2.30pm 8 March 2023 – 1.30 – 2.30pm 15 March 2023 – 1.30 – 2.30pm 22 March 2023 – 1.30 – 2.30pm 29 March 2023 – 1.30 – 2.30pm



To book your place at our meet and greet on 8 February 2023: <u>Call Cedars Children's Centre on 020 8736 6222</u>

Educational and Child Psychologist 'drop-in'



We can give you guidance about:

- Play activities to promote social and emotional, language and communication, physical and early learning development.
 - Maintaining mental and emotional well-being.
 - Understanding and supporting special educational needs.
 - Parental boundary setting.
 - Wake-up, bedtime and mealtime routines.
 - Toileting and promoting independence and much more. We are looking forward to seeing you! Find out more at Harrow Children's Centres or Facebook

www.facebook.com/harrowcc





Every other

Thursday

morning at

Hillview or

Cedars

Free Baby Feeding Support Groups in Harrow All welcome



Central and North West London NHS Foundation Trust

Monday 11am – 5pm Cedars Children's Centre, Whittlesea Road, Harrow Weald, HA3 6LS

> Wednesday 10am - 12pm Virtual Group

Thursday 9am - 3.30pm Kenmore Park Children's Centre, Warneford Road, Kenton, HA3 9HZ

Book a space to get some support with feeding your baby or have a chat with other mothers. A Health Visitor and Lactation Consultant will be at each group. To book a space at any of the groups please email Julie Peris on <u>j.peris@nhs.net</u>

Specialist Weaning party

Are you struggling to move your older baby on from puree? Did you need to start introducing solid foods later? Does your baby have additional needs?



NEW

We can offer support and advice, and you can try out some foods in a range of textures /consistencies



Date & Time	Venue	
Friday 13 January 2023	Cedars Children's Centre,	
1 – 2 pm	Whittlesea road, HA3 6LS	
Friday 5 May 2023	Cedars Children's Centre,	
1 - 2 pm	Whittlesea road, HA3 6LS	
Friday 15 September 2023	Cedars Children's Centre,	
1 – 2 pm	Whittlesea road, HA3 6LS	

Please ring 020 8736 6222 to book a place for the specialist weaning party

Early Support

Weaning parties

From 6 months we would suggest you book and come along to a weaning party, to get recipe ideas, get reassurance about suitable foods and practice with some homecooked



finger foods.

This baby is 6 months, enjoying finger foods from the start

> Baby's a little older here you can see the progression in her hand skills



Date & Time	Venue
22 February 2023 29 March 2023 26 April 2023 24 May 2023 2 — 3 pm	Cedars Children's Centre, Whittlesea road, HA3 6LS

Please ring 020 8736 6222 to book a place for the weaning party



Weaning workshops

From 5 months we would suggest you join an online weaning workshop for top tips and advice on how to introduce solid foods with your baby!

To book a place on the workshop, please message the Facebook inbox <u>www.facebook.com/harrowcc</u>

or email Early Support at earlysupporthub@harrow.gov.uk





Weaning workshops / parenting sessions (for parents of babies from 5 months plus for advice around beginning weaning at 6 months)

Date & Time	Venue
10 January 2023 14 February 2023 14 March 2023 12.30 – 1.30pm	Remote group on Teams

Saturday Weaning workshops and parties

From 5 ½ months we would suggest you book and come along to a weaning workshop for top tips and advice on how to wean your baby!



Saturday weaning party dates				
Date & Time Venue				
11 February 2023 18 March 2023 13 May 2023 10 – 11am	Cedars Children's Centre, Whittlesea Road, HA3 6LS - 020 8736 6222			

Weaning Party

Between 6 – 9 months you can attend weaning parties at the Centre!

This is a great opportunity to get recipe ideas, get reassurance around suitable

foods and practice weaning.

Please ring 020 8736 6222 to book a place for the weaning party

Early Support Small Steps - Lasting Change

Welcome Childminders

We are very happy to welcome Harrow childminders back to their own group Tuesdays 9.30 - 11.30am from 3 January 2023 at Whitefriars Delivery Site Whitefriars Avenue HA3 5RQ

Relaunching

Please book a place by emailing lcookson@virginmedia.com



Due to feedback we have received from childminders, this group will change to Thursdays 9.30 - 11.30am from 23.02.2023

WEARE FAMILY

WHERE ADULTS WITH Children Under 5 Can Sing Songs and Make Noise Together

WHEN MONDAYS 09:30-10:30 FROM 09TH JAN WHERE CEDARS CHILDREN'S CENTRE EMAIL: JOIN ADMIN@FINDYOURVOICE.ORG.UK



FIND YOUR V ICE **WHERE ADULTS WITH CHILDREN UNDER 5 CAN SING SONGS AND MAKE NOISE TOGETHER**

WHEN MONDAYS 11:30-12:30 FROM 09TH JAN

WHERE THE PINNER CENTRE CHILDREN'S CENTRE

JOIN ADMIN@FINDYOURVOICE.ORG.UK



WHERE ADULTS WITH CHILDREN UNDER 5 CAN SING SONGS AND MAKE NOISE TOGETHER



Mondays 1.30-2.30 From 9 Jan



JOIN

Kenmore Park Delivery Site warneford Road HA3 9HZ

ADMIN@FINDYOURVOICE.ORG.UK



Learn a little bit more about what we do in the centres

All Early Support staff have qualifications in Early Years or Youth work, the teams are experienced in working with the Early Years Foundation Stage Curriculum and other relevant curricula. The team have a range of training and specialisms including parenting, social work, health, education & more... The team are here to support you on you parenting journey and have the ethos that you are the first and most influential teacher of your child, we are here to offer some theory and evidence based approaches / tools to help you along. Here are a few of the activities we run & a bit about who leads them and what you can expect

Group Name	More information
Parents As First Teachers (PAFT) Baby Groups & all baby groups	Qualified PAFT practitioners provide evidenced based activities focussing on the neuroscience behind your babies development. The team have a clear focus on you as parents being your child's first and most influential teacher. This is an opportunity to explore your attachment, babies development & fun ideas around how to support your baby to learn & grow. The group has a different focus each week and explores arrange of great home learning ideas. It is also a brilliant opportunity to meet life long friends & socialise with other families
Parents As First Teachers (PAFT) Toddler groups	Qualified PAFT practitioners provide evidenced based activities focussing on the neuroscience behind your child's development. This is a great opportunity to learn fun activities, to get advice around developmental stages & challenges & to meet other families.
Sensory Play	Children learn through sensory exploration. Sensory play is lead by Early Years trained staff who use the Early Years Foundation Stage Curriculum & parenting evidence base to create fun, developmentally challenging sensory play opportunities that parents can recreate at home or that they may not be able to experience elsewhere.
Learning Through Play	Early Years trained staff providing developmentally stimulating activities using the Early Years Foundation Stage Curriculum. Not only is it tons of fun but it is a great chance for your child to explore new things, & for you as parents to pick up tips about activities that will support your child to learn, for example games for numbers in play, colours in play, language development & to help build your child's confidence & self esteem
Imagine & Play	Children thrive on the opportunity to get creative, this groups gives you the chance to support your child's imagination through early year activities. Imagine and play as a theme each week & allows parents an opportunity to support their child to revisit past experiences, explore new experiences & to get creative with their imagination. The Early Years trained staff are available to offer ideas & to answer questions you may have about your child's development
Stories Come Alive	Help your child to become a life long reader & story teller, get them excited about story telling & books. The Early Years trained staff create lovely environments focussed on the story that are available to explore & providing opportunities to create stories of your own.

Learn a little bit more about what we do in the centres.... Continued

Parenting Programmes – If you feel your family would benefit from one of our more intensive parenting programmes contact 020 89012690 select the option for Harrow Multi- agency Safeguarding Hub (MASH) & request Early Support & the relevant programme

Group Name		More information	
Parents As First Teachers (PAFT) For parents Pre natal – 5 years	"ALL CHILDREN WILL LEARN, GROW & DEVELOP TO REALISE THEIR FULL POTENTIAL." Parents as First Teachers offers a successful research and evidence-based parenting programme. Early Support professionals work on a 1:1 or small group basis with parents and their children pre-birth to five, using the Parents as Teachers Foundation Curriculum		
Strengthening Families, Strengthening Communities For parents of children & young people aged 3 – 18 years (whole family approach)	Strengthening Families, Strengthening Communities (SFSC) is an inclusive evidence-based parenting programme , designed to promote protective factors which are associated with good parenting and better outcomes for children.		
Triple P Teens For parents of 11 – 16 year olds	Teen Triple P is a positive parenting programme which is suitable for parents, step parents, grandparents and carers of pre-teens and teenage children (11-16years). The programme can help parents and carers to: cope positively with some of the common issues associated with raising a teenager.		
Happy Families Whole family approach Age (Birth to 18 years)	WHAT WILL BE COVERD?The course is designed to:•Cultural / spiritual identity -improve parenting skills•Positive disciplineImprove interactions with your children•Improving relationshipsHelp your children learn and grow•Practical parenting toolsImprove relationship amongst partner &/or co-parent•CommunicationsBuild your child self-esteem•Build Leadership Skills		
Behaviour Management – Alternatives to Physical Chastisement	An evidenced based workshop with tools & resources to support parents in responding to challenging behaviours. Techniques in preventing escalation of behaviour and advice on how to reduce frustration when responding to unwanted behaviours.		
Co-parenting	Co -parenting sessions are offered to parents/carers who share the care of children, (parents separating/living apart, working opposite work patterns) the quality of the relationship between parents can have a strong influence on a child's emotional wellbeing, the aim of the sessions is to support parents/carers using tools provided to promote positive change to help improve communication, ensuring the child comes first.		

Learn a little bit more about what we do in the centres.... Continued ...

Group Name	More information
TALK & Play	The team are trained by local speech & language therapists to provide Speech, language & communication support, advice & guidance to parents. All groups & services promote language development however TALK & play has a real focus on communication. Staff are available to share ideas to support develop communication skills & to answer questions or concerns around your child's speech & language. The group focusses on a range of evidenced based speech and language strategies
TALK Focus	Targeted at those not in a setting with communication, speech or language delay. Qualified experienced staff offer great activity ideas, evidenced based advice & can support communication with the speech & language team, ensuing any necessary referrals are followed up.
Special Playtimes	Qualified staff offer early intervention and support for parents of children pre & post diagnosis. This group offers the opportunity for you to learn tools to support your child's, care, learning & development with experienced staff. Great opportunities to develop communication tools & skills, to learn about behaviour triggers, routines, toileting, great home learning ideas, schemas and much more. The team can support signposting & referrals to services that will support you to meet your child's needs & to access your entitlement – booking only
2 year old checks	Did you know that all 2 year olds are entitled to a health & development check. The Health Visiting Team provide part 1 (ASQ). If your child is in a setting they will carry out part 2 of the check. However if your child is not in a setting (nursery, childminder or school) then this can be carried out by a qualified Early Support team member) Great opportunity to learn ideas around how to support your child's next stage of development & to receive top tips & advice in areas you have questions
Health & Well-being groups	A brilliant group to promote your child's health, an opportunity to learn activities that support building emotional resilience & intelligence, to learn healthy recipes & good games that promote healthy lifestyles & reduce the risks of obesity
Outdoor play	Outdoor learning is essential in the Early Years, the outdoor play groups provide a great opportunity for exploration & learning (<i>especially for those that don't have an outdoor space at home</i>). Activities including, helping to look after our allotments, grow your own, physical play, water play, construction play & much more

Look out for information on other services in the next timetable!

Venue	Monday 02 Jan 2023	Tuesday 03 Jan 2023	Wednesday 04 Jan 2023	Thursday 05 Jan 2023	Friday 06 Jan 2023	
Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222	Bank Holiday	Team Planning Day	10 – 11am Parents As First Teachers Baby Group - Birth – Crawlers – drop in	10 – 11am TALK & Play -18 months + drop in	10.30 – 11.30am Outdoor Play 'Little Adventurers' Drop in	
		1 – 2.30pm Children's Sensory Team Pre School Group – bookings only	Harrow Under 5's CAMHS service – Call for more information / to ask for a call back	1 .30 – 3pm Learning Through Play – Phonics - drop in	Partner agencies	
			PM - Sensory Room – small group bookings – 2 – 6 months, 6 – 12 months & 1 – 2 years slots	Partner agencies		
Stanmore Park William Drive			10 – 11am TALK & Play -18 months + - drop in	Partner agencies	Baby Group Womb to World	
Stanmore HA7 4FZ 020 8736 6480			Partner agencies	Parenting Programme		
The Pinner Centre Chapel Lane Car			10 – 11.30am Learning Through Play - Colours in play - drop in	10 – 11.30am Stories Come Alive – drop in	Partner agencies	
Park Pinner HA5 1AA 020 8424 1460			2 – 3.30pm Imagine & Play – 'Pets' drop in	1.30 – 2.30pm Parents As First Teachers Baby Group – drop in Birth – Crawlers		
Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ 020 8424 1066		9.30 – 11.30am Childminders' Group Book your place by emailing		Partner agencies	10 – 11am TALK & Play – 18 months + Drop in	
		lcookson@virginmedia.com		1.30 – 2.30pm Indoor & Outdoor Play – drop in		
Chandos Chandos Crescent HA8 6HL 020 8736 6550			10 – 11am Sensory Baby Group – drop in Crawlers – 18 months	10 – 11.30am Imagine & Play – Down in the Jungle - drop in	Partner agencies	
			Partner agencies	1.30 – 2.30pm Oral Health Workshop Call to book	Islamic Cultural Society	

	Monday 2 Jan	Tuesday 3 Jan	Wednesday 4 Jan	Thursday 5 Jan	Friday 6 Jan
Hillview 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	BANK HOLIDAY	Team Planning Day	Partner service	10-11am Learning through play (0- 4 years) drop in with EP	10 - 11am Talk and play (18 months+) Bookings
Healthy living week				1 - 2.30pm Portage Appointments <i>Bookings</i>	1-2pm Stories come Alive (0-4 years) Drop in
Kenmore Park Warneford Road, Kenton, HA3 9HZ		9.15 - 11.15am Healthy Child Clinic	10-11am Stories come Alive (birth - 4 years) Drop in	9- 3.30pm Breastfeeding peer support (bookings)	9.15am - 3.30pm Health clinic Appointments
020 8416 8400		1 - 4pm Health Visiting Appointments	Partner service	Post Natal Support Group By Appointment	1 -2.30pm Sensory baby (birth crawlers)
Elmgrove Kenmore Ave, Kenton, HA3 8LU 020 8907 4941		Partner service	10-11.30am Baby stay and play (birth - crawlers) Drop in	10 - 11am Learning through play (birth-4 years) Drop in	
		Partner service		1-2pm Sensory play (birth-4 years) Drop in	Partner service
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134					Partner service
020 0427 0134				1-2.30pm Explore and learn outdoors (birth-4 years) drop in	Partner service

Venue	Monday 09 Jan 2023	Tuesday 10 Jan 2023	Wednesday 11 Jan 2023	Thursday 12 Jan 2023	Friday 13 Jan 2023			
Cedars Whittlesea Road Harrow HA3 6LS	9.30 – 10.30am Find Your Voice We Are Family Music Session Call to register your interest	10 – 11.30am Let's Get Physical – drop in	10 – 11am Parents As First Teachers Baby Group - Birth – Crawlers – drop in	10 – 11am TALK & Play -18 months + drop in	10.30 – 11.30am Outdoor Play 'Little Adventurers' Drop in			
020 8736 6222	11am – 5pm Breastfeeding Peer Support	1 – 2.30pm Children's Sensory Team Pre School Group – bookings only	Harrow Under 5's CAMHS service – Call for more information / to ask for a call back	1 .30 — 3pm Learning Through Play — <i>Colours -</i> drop in	Specialist Weaning Party Are you struggling to move your older baby on from			
	Afternoon 2, 3 / 4 year old health & development checks – call to book a place for your 2 year old	1 – 2.30pm Sensory Play – drop in Sensory room time	Did you know you can book in for a - Sensory Room Session? We take small group bookings – 2 – 6 months, 6 – 12 months & 1 – 2 years slots Call to book your slot	12 – 3pm Parenting advice session Support around behaviour, sleep, feeding, toileting, family relationships, managing anger & more - Call to book a place	puree? Did you need to start introducing solid foods later? Does your baby have additional needs? If yes book your place by calling Cedars			
Stanmore Park William Drive	10 – 11am Parents As First Teachers Group	12 – 3pm Parenting advice session	10 – 11am TALK & Play -18 months + - drop in	Partner agencies	10 – 11am Baby Group			
Stanmore HA7 4FZ 020 8736 6480	Birth – 3 years – drop in		12.30 – 1.30pm Virtual - Sibling Relationships workshop, including advice around rivalry – call to book	Parenting Programme	Womb to World Pre natal – Crawlers Sleep focus – drop in			
The Pinner Centre Chapel Lane Car	9.30am – 12pm Parenting advice session Support around behaviour, sleep, feeding, toileting, family	Partner agencies 10 – 11.30am Learning Through Play - Phonics - in		10 – 11am Stories Come Alive – drop in	10 – 11.30am Let's Get Physical – drop in			
Park Pinner HA5 1AA 020 8424 1460	relationships, managing anger & more - Call to book a place	1.30 – 2.30pm Parents As First Teachers Group Birth – 3 years – drop in	Parents As First Teachers Group	Parents As First Teachers Group	Parents As First Teachers Group	Partner agencies	1.30 – 2.30pm Parents As First Teachers Baby Group – drop in	Partner agencies
020 8424 1460	11.30am – 12.30pm We Are Family Music Session Call to register your interest	birth – 5 years – drop in		Baby Group – Grop in Birth – Crawlers				
Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ	10 – 11am Parents As First Teachers Baby Group – drop in - Crawlers – 18 months	9.30 – 11.30am Childminders' Group Book your place by emailing Icookson@virginmedia.com	hildminders' Group Health & Well – being Stay & Play – drop your place by emailing in		Health & Well – being Stay & Play – drop in Homestart train	Homestart training	10 – 11am TALK & Play – 18 months + Drop in	
	1 – 2.30pm Imagine & Play Farm Yard Fun – drop in		Partner agencies	No group				
Chandos Chandos Crescent HA8 6HL 020 8736 6550	10 – 11am TALK & Play – drop in 18 months +	10 – 11am Stories Come Alive – drop in 12 months +	10 – 11am Sensory Baby Group – drop in Crawlers – 18 months	10 – 11.30am Imagine & Play – Dinosaurs - drop in	Partner agencies			
	Partner agencies	1 – 2pm Fun with Phonics	Partner agencies	1.30 – 2.30pm Toilet Learning Workshop	Islamic Cultural Society 22			

S play	Monday 9 Jan	Tuesday 10 Jan	Wednesday 11 Jan	Thursday 12 Jan	Friday 13 Jan
Hillview 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	10-11.30am Portage group (bookings)	Partner service	10-11am Baby stay and play (birth – crawlers) Drop in	10-11am Learning through play (birth 4 years) Drop in (safety in the home advice)	Partner Service
Healthy living week	1 - 4pm Health Visiting Appointments	1.30-2.45pm Lets play together (2-4 years) bookings	1-2pm Talk and play (18 months+) Bookings	1 - 2.30pm Portage Appointments (<i>Bookings</i>)	Partner Service
Kenmore10-12amParkHomestartWarneford Road, Kenton, HA3 9HZStay and play(0-4 Years) drop inHome from home		9.15 - 11.15am Healthy Child Clini	10-11am Stories come Alive (birth - 4 years) Drop in	9- 3.30pm Breastfeeding peer support bookings	9.15am - 3.30pm Health clinic Appointments
020 8416 8400	1.30-2.30pm Find your voice Bookings	1 - 4pm Health Visiting Appointments	1.30-2.30pm Baby stay and play (0-18 months) Drop in	Post Natal Support Group Appointments	1 -2.30pm Sensory play (birth crawlers) Drop in
Elmgrove Kenmore Ave, Kenton, HA3 8LU 020 8907 4941	9.30-11am Baby stay and play (crawlers-18 months) Drop in	Partner service	10-11.30am Baby stay and play (birth - crawlers) Drop in	10 - 11am Learning through play (birth-4 years) Drop in (With safety in the home advice)	Partner service
	1-2pm Fun with Phonics (2-4 years) Drop in	Partner service	1-2pm Explore and learn outdoors Drop in (birth-4 years)	1-2pm Sensory play (birth-4 years) Drop in	Partner service
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner services	10-11.15am Little cooks (2-4 years) bookings	10-11am Health and wellbeing stay and play (0-4 years) (safety in the home advice) drop in	9.30-11.30am Parenting top tips Bookings (face to face or virtual)	Partner service
	Partner service	1-2.30pm Learning through play (birth-4 years) Drop in	1-2pm Baby PAFT (birth – crawlers) drop in	1-2.30pm Explore and learn outdoors (birth-4 years) drop in	Partner service

Venue	Monday 16 Jan 2023	Tuesday 17 Jan 2023	Wednesday 18 Jan 2023	Thursday 19 Jan 2023	Friday 20 Jan 2023
Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222	9.30 – 10.30am Find Your Voice We Are Family Music Session Call to register your interest	10 – 11.30am Let's Get Physical – drop in	10 – 11am Parents As First Teachers Baby Group - Birth – Crawlers – drop in	10 – 11am TALK & Play -18 months + drop in – With Educational Psychologist	10.30 – 11.30am Outdoor Play 'Little Adventurers' Drop in
	Afternoon 2, 3 / 4 year old health & development checks – call to book a place for your 2 year old	1 – 2.30pm Children's Sensory Team Pre School Group – bookings only	Harrow Under 5's CAMHS service – Call for more information / to ask for a call back	12 – 3pm Parenting advice session Support around behaviour, sleep, feeding, toileting, family relationships, managing anger & more - Call to book a place	Partner agencies
	11am – 5pm Breastfeeding Peer Support	1 – 2.30pm Sensory Play – drop in Sensory room time	PM - Sensory Room – small group bookings – 2 – 6 months, 6 – 12 months & 1 – 2 years slots	1 .30 – 3pm Learning Through Play – <i>Shapes</i> - drop in	
Stanmore Park William Drive Stanmore HA7 4FZ	10 – 11am Parents As First Teachers Group Birth – 3 years – drop in	10 – 11.30am Imagine & Play – <i>Under The Sea</i> - drop in	10 – 11am TALK & Play -18 months + - drop in	Partner agencies	10 – 11am Baby Group Womb to World
020 8736 6480	1 – 2pm Learning Through Play – Phonics – drop in	1 – 2pm Messy Play – drop in Do all those activities you fear doing at home!	Partner agencies	Parenting Programme	Pre natal – Crawlers Feeding Focus – drop in
The Pinner Centre Chapel Lane Car	Partner agencies	10 – 11am TALK & Play – drop in 18 months +	10 – 11.30am Learning Through Play <i>-</i> Small World drop in	10 – 11am Stories Come Alive – drop in	10 – 11.30am Let's Get Physical – drop in
Park Pinner HA5 1AA 020 8424 1460	11.30am – 12.30pm We Are Family Music Session Call to register your interest	1.30 – 2.30pm Parents As First Teachers Group Birth – 3 years – drop in	1.30 – 2.30pm Imagine & Play – Making Dens - drop in	1.30 – 2.30pm Parents As First Teachers Baby Group – drop in Birth – Crawlers	Partner agencies
Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ	10 – 11am Parents As First Teachers Baby Group – drop in - Crawlers – 18 months	9.30 – 11.30am Childminders' Group Book your place by emailing lcookson@virginmedia.com	10 – 11.30am Health & Well – being Stay & Play – drop in	Homestart training	10 – 11am TALK & Play – 18 months + Drop in
	1 – 2.30pm I magine & Play Dinosaurs – drop in	1.30 – 2.30pm Fun With Numbers	Partner agencies	No group	
Chandos Chandos Crescent HA8 6HL 020 8736 6550	10 – 11am TALK & Play – drop in 18 months +	10 – 11am Stories Come Alive – drop in 12 months +	10 – 11am Sensory Baby Group – drop in Crawlers – 18 months	10 – 11.30am Imagine & Play – People who help us - drop in	Partner agencies
	1.30 – 2.30pm Virtual Behaviour workshop parents of 2- 4 year olds - Call to book	PM – Baby Massage Contact the centre to find out about booking	1 – 2.30pm Learning Through Play – <i>Numbers –</i> Drop in	1.30 – 2.30pm Stay & Play – Oral Health Focus	Islamic Cultural Society 24

	Monday 16 Jan	Tuesday 17 Jan	Wednesday 18 Jan	Thursday 19 Jan	Friday 20 Jan
Hillview 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	10-11.30am Portage group Bookings	10-11.30am Learn Harrow Family Wellbeing bookings	10-11am Baby stay and play (birth – crawlers) Drop in	10-11am Learning through play (0- 4 years) drop in	10 - 11am Talk and play (18 months+) bookings
	1 - 4pm Health Visiting Appointments	1.30-2.45pm Lets play together (2-4 years) bookings	1-2pm Talk and play (18 months+) Bookings	1 - 2.30pm Portage Appointments (<i>Bookings</i>)	1-2pm Stories come Alive (0-4 years) Drop in
Kenmore Park Warneford Road, Kenton, HA3 9HZ 020 8416 8400	10-12am Homestart Home from Home Stay and play (birth- 4 years) drop in	9.15 - 11.15am Healthy Child Clinic	10-11am Stories come Alive (birth - 4 years) Drop in	9- 3.30pm Breastfeeding peer support bookings	9.15am - 3.30pm Healthy Clinic Appointments
	1.30-2.30pm Learn Harrow Find your voice Bookings	1 - 4pm Health clinic Appointments	1.30-2.30pm Baby Stay and Play (0-18 months) Drop in	Post Natal Support Group By Appointment	1-2.30pm Sensory baby (birth crawlers) drop in
Elmgrove Kenmore Ave, Kenton, HA3 8LU 020 8907 4941	Partner service	Partner service	Partner service	10 - 11am Learning through play (birth-4 years) Drop in	Partner services
		Partner service	1.15-2.30pm Learn Harrow Baby massage Bookings	1-2pm Sensory play (birth-4 years) Drop in	Partner services
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner service	10-11.15am Little cooks (2-4 years) bookings	10-11am Health and wellbeing (birth- 4 years) drop in	9.30-11.30am Parenting top tips Bookings (face to face or virtual)	Partner services
	Partner services	1-2.30pm Learning through play (birth-4 years) Drop in	1-2pm Baby PAFT (birth – crawlers) drop in	1-2.30pm Explore and learn outdoors (birth-4 years) drop in	Partner services

Venue	Monday 23 Jan 2023	Tuesday 24 Jan 2023	Wednesday 25 Jan 2023	Thursday 26 Jan 2023	Friday 27 Jan 2023
Cedars Whittlesea Road	9.30 – 10.30am Find Your Voice We Are Family Music Session	10 – 11.30am Let's Get Physical – drop in	10 – 11am Parents As First Teachers Baby Group - Birth – Crawlers – drop	10 – 11am TALK & Play -18 months + drop in	10.30 – 11.30am Outdoor Play 'Little Adventurers'
Harrow HA3 6LS	Call to register your interest	Am – Portage (booked places)	in	urop in	Drop in
020 8736 6222	2, 3 / 4 year old health & development checks – call to book a place for your 2 year old	1 – 2.30pm Children's Sensory Team Pre School Group – bookings only	Harrow Under 5's CAMHS service – Call for more information / to ask for a call back	12 – 3pm Parenting advice session Support around behaviour, sleep, feeding, toileting, family relationships, managing anger & more - Call to book a place	Partner agencies
	11am – 5pm Breastfeeding Peer Support	1 – 2.30pm Sensory Play – drop in Sensory room time	PM - Sensory Room – small group bookings – 2 – 6 months, 6 – 12 months & 1 – 2 years slots	1 .30 – 3pm Learning Through Play – Small World - drop in	
Stanmore Park William Drive	10 – 11am Parents As First Teachers Group Birth – 3 years – drop in	10 – 11.30am Imagine & Play – People Who Help Us - drop in	10 – 11am TALK & Play -18 months + - drop in	Partner agencies	10 – 11am Baby Group Womb to World
Stanmore HA7 4FZ 020 8736 6480	1 – 2pm Learning Through Play – Numbers – drop in	1 – 2pm Messy Play – drop in Do all those activities you fear doing at home!	Partner agencies	Parenting Programme	Pre natal – Crawlers Attachment Focus – drop in
The Pinner Centre Chapel Lane Car	11.30am – 12.30pm We Are Family Music Session Call to register your interest	10 – 11am TALK & Play – drop in 18 months +	10 – 11.30am Learning Through Play - Science – drop in	10 – 11am Stories Come Alive – drop in	10 – 11.30am Let's Get Physical – drop in
Park Pinner HA5 1AA 020 8424 1460	1 – 3.30pm Virtual - Parenting advice session Support around behaviour, sleep, feeding, toileting, family relationships, managing anger & more - Call to book a place	1.30 – 2.30pm Parents As First Teachers Group Birth – 3 years – drop in	Partner agencies	1.30 – 2.30pm Parents As First Teachers Baby Group – drop in Birth – Crawlers	Partner agencies
Whitefriars Children's Centre Whitefriars	10 – 11am Parents As First Teachers Baby Group – drop in - Crawlers – 18 months	9.30 – 11.30am Childminders' Group Book your place by emailing Icookson@virginmedia.com	10 – 11.30am Health & Well – being Stay & Play – drop in	Homestart training	10 – 11am TALK & Play – 18 months + Drop in
Avenue HA3 5RQ	1 – 2.30pm Imagine & Play Jungle – drop in	1.30 – 2.30pm Arts & Crafts	Partner agencies	No group	
Chandos Chandos Crescent HA8	10 – 11am TALK & Play – drop in 18 months +	10 – 11am Stories Come Alive – drop in 12 months +	10 – 11am Sensory Baby Group – drop in Crawlers – 18 months	10 – 11.30am Imagine & Play – Superheroes - drop in	Partner agencies
6HL 020 8736 6550	Partner agencies	PM – Baby Massage Contact the centre to find out about booking	Partner agencies	1.30 – 2.30pm Behaviour workshop for parents of 3 – 9 year olds call to book	Islamic Cultural Society 26

	Monday 23 Jan	Tuesday 24 Jan	Wednesday 25 Jan	Thursday 26 Jan	Friday 27 Jan
Hillview 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	10-11.30am Portage group (Bookings)	10-11.30am Learn Harrow Family Wellbeing bookings	10-11am Baby stay and play (birth –crawlers) Drop in	10-11am Learning through play (0- 4 years) Drop in	10 - 11am Talk and play (18 months+) bookings
	1-4 pm Health Visitor Appointments	1.30-2.45pm Lets play together (2-4 years) bookings	1-2pm Talk and play (18 months+) Bookings	1 - 2.30pm Portage Appointments (<i>Bookings)</i>	1-2pm Stories come Alive (0-4 years) Drop in
Kenmore Park Warneford Road, Kenton, HA3 9HZ 020 8416 8400	10-12am Homestart Home from Home Stay and play (0-4 Years) drop in	9.15 - 11.15am Healthy Child Clinic	10-11am Stories come alive (birth- 4 years) drop in with oral health advice	9- 3.30pm Breastfeeding peer support bookings	9.15am - 3.30pm Healthy Child Clinic Appointments
020 0410 0400	1.30-2.30pm Learn Harrow Find your voice Bookings	1 - 4pm Health Visiting Appointments		Post Natal Support Group By Appointment	1 -2.30pm Sensory baby (birth crawlers) drop in
Elmgrove Kenmore Ave, Kenton, HA3 8LU 020 8907 4941	10-11am Baby stay and play (Crawlers-18 months) Drop in with oral health advice	Partner service	Partner service	10 - 11am Learning through play (birth-4 years) drop in	Partner services
		Partner service	1.15-2.30pm Learn Harrow Baby massage Bookings	1-2pm Sensory play (birth-4 years) Drop in	Partner services
Gange 68 Canning Road, Wealdstone, HA3 7SN	Partner services	10-11.15am Little cooks (2-4 years) Bookings	10-11am Health and wellbeing (birth- 4 years) drop in	9.30-11.30am Parenting top tips Bookings (face to face or virtual)	d
020 8427 0134	Partner services	1-2.30pm Learning through play (birth-4 years) Drop in	1 - 2.30pm Baby PAFT (birth – crawlers) drop in	1-2pm7 Explore and learn outdoors (birth-4 years) Drop in	

Venue	Monday 30 Jan 2023	Tuesday 31 Jan 2023	Wednesday 01 Feb 2023	Thursday 02 Feb 2023	Friday 03 Feb 2023
Cedars Whittlesea Road Harrow HA3 6LS	9.30 – 10.30am Find Your Voice We Are Family Music Session Call to register your interest	10 – 11.30am Let's Get Physical – drop in	10 – 11am Parents As First Teachers Baby Group - Birth – Crawlers – drop in	10 – 11am TALK & Play -18 months + drop in	10.30 – 11.30am Outdoor Play 'Little Adventurers' Drop in
020 8736 6222	Afternoon 2, 3 / 4 year old health & development checks – call to book a place for your 2 year old	1 – 2.30pm Children's Sensory Team Pre School Group – bookings only	Harrow Under 5's CAMHS service – Call for more information PM - First Aid for Parents & Carers – call to find out how to book	12 – 3pm Parenting advice session Support around behaviour, sleep, feeding, toileting, family relationships, managing anger & more - Call to book a place	Partner agencies
	11am – 5pm Breastfeeding Peer Support	1 – 2.30pm Sensory Play – drop in Sensory room time	PM - Sensory Room – small group bookings – 2 – 6 months, 6 – 12 months & 1 – 2 years slots	1 .30 – 3pm Learning Through Play – Stories Come Alive - drop in	
Stanmore Park William Drive	10 – 11am Parents As First Teachers Group Birth – 3 years – drop in	10 – 11.30am Imagine & Play – We're Going on a <i>Bear Hunt</i> - drop in	10 – 11am TALK & Play -18 months + - drop in	Partner agencies	10 – 11am Baby Group Womb to World
Stanmore HA7 4FZ 020 8736 6480	1 – 2pm Learning Through Play – Story Telling – drop in	1 – 2pm Messy Play – drop in Do all those activities you fear doing at home!	1 – 2.30pm Virtual - Fussy Eaters Workshop - call to book	Parenting Programme	Pre natal – Crawlers Book sharing & story telling – drop in
The Pinner Centre Chapel Lane Car	11.30am – 12.30pm We Are Family Music Session Call to register your interest	10 – 11am TALK & Play – drop in 18 months +	10 – 11.30am Learning Through Play - Traditional Tales – drop in	10 – 11am Stories Come Alive – drop in	10 – 11.30am Let's Get Physical – drop in
Park Pinner HA5 1AA 020 8424 1460	1 – 3.30pm Virtual - Parenting advice session Support around behaviour, sleep, feeding, toileting, family relationships, managing anger & more - Call to book a place	1.30 – 2.30pm Parents As First Teachers Group Birth – 3 years – drop in	1.30 – 2.30pm Imagine & Play – The Gruffalo - drop in	1.30 – 2.30pm Parents As First Teachers Baby Group – drop in Birth – Crawlers	Partner agencies
Whitefriars Children's Centre Whitefriars	10 – 11am Parents As First Teachers Baby Group – drop in - Crawlers – 18 months	9.30 – 11.30am Childminders' Group Book your place by emailing lcookson@virginmedia.com	10 – 11.30am Health & Well – being Stay & Play – drop in	Homestart training	10 – 11am TALK & Play – 18 months + Drop in
Avenue HA3 5RQ	1 – 2.30pm Imagine & Play- Fairy Tales – drop in	1.30 – 2.30pm Plant & Grow – <i>Jasper's Beanstalk</i>	Partner agencies	No group	
Chandos Chandos Crescent HA8	10 – 11am TALK & Play – drop in 18 months +	10 – 11am Stories Come Alive – drop in 12 months +	10 – 11am Sensory Baby Group – drop in Crawlers – 18 months	10 – 11.30am Imagine & Play – Dear Zoo - drop in	Partner agencies
6HL 020 8736 6550	Partner agencies	PM – Baby Massage Contact the centre to find out about booking	1 – 2.30pm Learning Through Play – Once Upon a Time – Drop in	1.30 – 2.30pm Toilet Learning Workshop Call to book a place	Islamic Cultural Society 28

					Friday 3 Feb
2 Grange Road, 2 Oth Harrow, HA2 0LW 020 8422 4692	10-11.30am Portage group (Bookings)	10-11.30am Learn Harrow Family Wellbeing bookings	10-11am Baby stay and play (birth –crawlers) Drop in	10-11am Learning through play (18 months- 4 years) Drop in	10 - 11am Talk and play (18 months+) (bookings)
	1-4 pm Health Visitor Appointments	1.30-2.45pm Lets play together (2-4 years) bookings		1 - 2.30pm Portage Appointments (Bookings)	1-2pm Stories come Alive (0-4 years) Drop in
Kenmore Park Warneford Road, Kenton, HA3 9HZ	10-12am Homestart Home from Home Stay and play (0-4 Years) drop in	9.15 - 11.15am Healthy Child Clinic	10-11am Stories come alive (birth- 4 years) Drop in	9- 3.30pm Breastfeeding peer support (bookings)	9.15am - 3.30pm Healthy Child Clinic
020 8416 8400	1.30-2.30pm Learn Harrow Find your voice Bookings	1 - 4pm Health Visiting Appointments		Post Natal Support Group By Appointment	1 -2.30pm Sensory play (birth - crawlers) Drop in
Kenmore Ave, Kenton, HA3 8LU 020 8907 4941	10-11am Baby stay and play (Crawlers-18 months) Drop in	Partner service	9.30-11am Baby stay and play (birth - crawlers) drop in	10 - 11am Learning through play (birth-4 years) drop in	Partner services
	1-2pm Toilet Learning Workshop (bookings)	Partner service	1.15-2.30pm Learn Harrow Baby massage Bookings	1-2pm Sensory play (birth-4 years) Drop in	Partner services
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner service	10-11.15am Little cooks (2-4 years) Bookings	9am-12 Learn Harrow First Aid (Bookings)	9.30-11.30am Parenting top tips Bookings (face to face or virtual)	Partner service
	Partner service	1-2.30pm Learning through play (birth-4 years) Drop in		1-2.30pm Explore and outdoors (birth-4 years) drop in	Partner service

Venue	Monday 06 Feb 2023	Tuesday 07 Feb 2023	Wednesday 08 Feb 2023	Thursday 09 Feb 2023	Friday 10 Feb 2023
Cedars Whittlesea Road Harrow HA3 6LS	9.30 – 10.30am Find Your Voice We Are Family Music Session Call to register your interest	10 – 11.30am Let's Get Physical – drop in	10 – 11am Parents As First Teachers Baby Group - Birth – Crawlers – drop in	10 – 11am TALK & Play -18 months + drop in	10.30 – 11.30am Outdoor Play 'Little Adventurers' Drop in
020 8736 6222	Afternoon 2, 3 / 4 year old health & development checks – call to book a place for your 2 year old	1 – 2.30pm Children's Sensory Team Pre School Group – bookings only	Harrow Under 5's CAMHS service – Call for more information	Partner agencies	Partner agencies
	11am – 5pm Breastfeeding Peer Support	1 – 2.30pm Sensory Play – drop in Sensory room time	Special Playtimes – Introduction See flyer	1 .30 – 3pm Learning Through Play – Superhero me! - drop in	
Stanmore Park William Drive	10 – 11am Parents As First Teachers Group Birth – 3 years – drop in	10 – 11.30am Imagine & Play – <i>Healthy Living</i> - drop in	10 – 11am TALK & Play -18 months + - drop in	Partner agencies	10 – 11am Baby Group Womb to World Pronotol – Crowlers
Stanmore HA7 4FZ 020 8736 6480	1 – 2pm Learning Through Play – Snack Attack – prepare your own healthy snacks – drop in		1 – 2.30pm Virtual – Managing Emotions Workshop – call to book	Parenting Programme	Pre natal – Crawlers Health & well-being – drop in
The Pinner Centre Chapel Lane Car	11.30am – 12.30pm We Are Family Music Session Call to register your interest	10 – 11am TALK & Play – drop in 18 months +	10 – 11.30am Learning Through Play <i>- Emotions</i> – drop in	10 – 11am Stories Come Alive – drop in	10 – 11.30am Let's Get Physical – drop in
Park Pinner HA5 1AA 020 8424 1460	1 – 2.30pm Behaviour Workshop Alternatives to physical chastisement - Call to book	1.30 – 2.30pm Parents As First Teachers Group Birth – 3 years – drop in	1.30 – 2.30pm Imagine & Play – My Healthy Body - drop in	1.30 – 2.30pm Parents As First Teachers Baby Group – drop in Birth – Crawlers	Partner agencies
Whitefriars Children's Centre Whitefriars Avenue	10 – 11am Parents As First Teachers Baby Group – drop in - Crawlers – 18 months	9.30 – 11.30am Childminders' Group Book your place by emailing <u>lcookson@virginmedia.com</u>	10 – 11.30am Health & Well – being Stay & Play – drop in	Homestart training No group	10 – 11am TALK & Play – 18 months + Drop in
HA3 5RQ	1 – 2.30pm Imagine & Play Dr's, Dentists & Opticians – drop in	1.30 – 2.30pm Lets Get Physical	Partner agencies		
Chandos Chandos Crescent HA8	10 – 11am TALK & Play – drop in 18 months +	10 – 11am Stories Come Alive – drop in 12 months +	10 – 11am Sensory Baby Group – drop in Crawlers – 18 months	10 – 11.30am Imagine & Play – Snack Attack - drop in	Partner agencies
6HL 020 8736 6550	12 – 1pm Virtual Lunch Time – Sleep workshop – call to book	PM – Baby Massage Contact the centre to find out about booking	1 – 2.30pm Learning Through Play – All about me – Drop in	1.30 – 2.30pm Fussy Eaters Workshop Call to book a place	Islamic Cultural Society 30

	Monday 6 Feb	Tuesday 7 Feb	Wednesday 8 Feb	Thursday 9 Feb	Friday 10 Feb
Hillview 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	10-11.30am Portage group (Bookings)	10-11.30am Learn Harrow Family Wellbeing bookings	10-11am Baby stay and play (birth –crawlers) Drop in	10-11am Learning through play (18 months- 4 years) Drop in	10 - 11am Talk and play (18 months+) bookings
	1-4 pm Health Visitor Appointments		1-2pm Talk and play (18 months+) Bookings	1 - 2.30pm Portage Appointments (Bookings)	1-2pm Stories come Alive (0-4 years) Drop in
Kenmore Park Warneford Road, Kenton, HA3 9HZ	10-12am Homestart Home from Home Stay and play Drop in (0-4 Years)	9.15 - 11.15am Healthy Child Clinic	10-11am Stories come alive (birth- 4 years) Drop in	9- 3.30pm Breastfeeding peer support (bookings)	9.15am - 3.30pm Healthy Child Clinic
020 8416 8400	1.30-2.30pm Learn Harrow Find your voice Bookings	1 - 4pm Health Visiting Appointments	1.30-2.30pm Baby Stay and Play (0-18 months) Drop in	Post Natal Support Group By Appointment	1 -2.30pm Sensory play (birth - crawlers) Drop in
Elmgrove Kenmore Ave, Kenton, HA3 8LU 020 8907 4941	10.30 -12.30 Co parenting (bookings)	Partner service	9.30-11am Baby stay and play (birth - crawlers) drop in	10 - 11am Learning through play (birth-4 years) Drop in	Partner services
	1-2pm Fun with Phonics (2-4 years) Drop in	Partner service	1.15-2.30pm Learn Harrow Baby massage Bookings	1-2pm Sensory play (birth-4 years) Drop in	Partner service
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner service	10-11.15am Little cooks (2-4 years) bookings	Partner service	9.30-11.30am Parenting top tips Bookings (face to face or virtual)	Partner service
	Partner service	1-2.30pm Learning through play (birth-4 years) Drop in	1-2pm Baby PAFT (birth – crawlers) drop in	1 - 2.30pm Explore and learn outdoors (birth-4 years) Drop in	Partner service

Venue	Monday 13 Feb 2023	Tuesday 14 Feb 2023	Wednesday 15 Feb 2023	Thursday 16 Feb 2023	Friday 17 Feb 2023
Cedars Whittlesea Road Harrow HA3 6LS	10 – 11.30am Fun with science - <i>drop in</i> 3 years +	10 – 11.30am Making Dens – drop in <i>Design & build a den</i>	10 – 11am Parents As First Teachers Baby Group - Birth – Crawlers – drop in	10 – 11am TALK & Play -18 months + drop in	10.30 – 11.30am Outdoor Play 'Little Adventurers' Drop in
020 8736 6222	1.30 – 3pm Imagine & Play Dinosaurs – drop in	1 – 2.30pm Art Attack – Drop in	Harrow Under 5's CAMHS service – Call for more information	Partner agencies	Partner agencies
	11am – 5pm Breastfeeding Peer Support	PM – Virtual weaning workshop – call to book your place		1 .30 – 3pm Learning Through Play – <i>Small World</i> - drop in	
Stanmore Park William Drive	10 – 11am Ars & Crafts – drop in	10 – 11.30am Imagine & Play – <i>Transport</i> - drop in	10 – 11.30am Sensory Play – Drop in	Partner agencies	10 – 11am Baby Group <i>Womb to World</i>
Stanmore HA7 4FZ 020 8736 6480	1 – 2pm Making Music – drop in	1 – 2pm Messy Play – drop in Do all those activities you fear doing at home!		Parenting Programme	Pre natal – Crawlers drop in
The Pinner Centre Chapel Lane Car	10 – 11am Stories Come Alive – Drop in The Gruffalo	10 – 11am TALK & Play – drop in 18 months +		10 – 11am Fun with Science 3 years + – drop in	
Park Pinner HA5 1AA 020 8424 1460		1.30 – 2.30pm Art in the Park <i>Meet at the centre - drop in</i>		1.30 – 2.30pm Parents As First Teachers Baby Group – drop in Birth – Crawlers	Partner agencies
Whitefriars Children's Centre Whitefriars	10 – 11am Parents As First Teachers Baby Group – drop in - Crawlers – 18 months	9.30 – 11.30am Childminders' Group Book your place by emailing lcookson@virginmedia.com	10 – 11.30am Plant & Grow – drop in		10 – 11am TALK & Play – 18 months + Drop in
Avenue HA3 5RQ	1 – 2.30pm Making Magic – 3 years + – drop in		Partner agencies		
Chandos Chandos Crescent HA8	10 – 11am Sensory Play – drop in	10 – 11am Stories Come Alive – drop in 12 months +	10 – 11am Sensory Baby Group – drop in Crawlers – 18 months	10 – 11.30am Imagine & Play – Dear Zoo - drop in	Partner agencies
6HL 020 8736 6550	1 – 2.30pm Build & Create – drop in Small world construction play	1.30 – 2.30pm Making Music – drop in		1 – 1.30pm Story Time Session Lead by the Library	Islamic Cultural Society

	13 February	14 February	15 February	16 February	17 February
Hillview 2 Grange Road, South Harrow, HA2 OLW 020 8422 4692	10-11am Stories come Alive Drop in	10-11am Messy play Drop in	10-11am Baby stay and play (birth -crawlers) Drop in	10-11am Learning through play (18 months- 4 years) Drop in	10-11.30am Sensory play Drop in
	1-4 pm Health Visitor Appointments		1-2pm Fun with science Drop in (2 years +)	1 - 2.30pm Portage Appointments (Bookings)	
Kenmore Park Warneford Road, Kenton, HA3 9HZ 020 8416 8400	10-12am Homestart Home from Home Stay and play Drop in (0-4 Years)	9.15 - 11.15am Healthy Child Clinic	10-11.30am Arts and crafts Drop in	9- 3.30pm Breastfeeding peer support (bookings) See flyer	10-11am Stories come alive Drop in
		1 - 4pm Health Visiting Appointments	Partner service	Post Natal Support Group By Appointment	1-2.30pm Baby stay and play (crawlers-18 months) Drop in
Gange 68 Canning Road, Wealdstone,	Partner service	10-11.30am Arts and crafts Drop in	10-11am Imagine and play Drop in		Partner service
HA3 7SN 020 8427 0134	Partner service		1-2pm Explore and learn outdoors Drop in		Partner service

Calling out to parents of 2 year olds......

Did you know that your child is entitled to a health & development check?

 We are offering parents of two year olds a two year health and development progress check which would be completed remotely & face to face;
A practitioner would contact you on an agreed appointment date/time and complete progress check. You would be emailed completed progress check and offered support, advice and guidance where necessary.

The Two year health and development progress check is a great opportunity to; Learn about your child's development, including communication & physical development. To get top tips on toilet learning, behaviour, sleep, saying bye bye to the dummy & bottle. To ask questions and address any concerns that you have. To support access to any other professionals that you would like support from.



How to book a two year Check?

Cedars – call - 020 8736 6222 – (Across the week) Whitefriars - call – 020 8424 1066 – (Wednesday pm) DATES AVAILABLE ON CONTACT WITH THE CENTRE





Centres in the Cedars Hub	Address and contact details	Centres in the Hillview Hub	Address and contact details
Cedars Hub Children's Centre	Whittlesea Road, Harrow, HA3 6LS. 020 8736 6222 8am – 6pm	Hillview Hub Children's Centre	2 Grange Road, South Harrow, HA2 OLW. 020 8422 4692
The Pinner Centre	Chapel Lane Car Park, Pinner HA5 1AA 020 8424 1460	Kenmore Park Delivery Site	Warneford Road, Kenton, HA3 9HZ. 020 8416 8400
Whitefriars Delivery Site	Whitefriars Avenue, Harrow, HA3 5RQ. 020 8424 1066	Gange Delivery Site	68 Canning Road, Wealdstone, HA3 7SN. 020 8427 0134
Chandos Delivery Site	Chandos Crescent, Edgware, HA8 6HL. 020 8736 6550	Elmgrove Delivery Site	Kenmore Avenue, Kenton, HA3 8LU. 020 8907 4941
Stanmore Park Delivery Site	William Drive, Stanmore, HA7 4FZ. 020 8736 6480	Wealdstone Youth Hub The Wealdstone Youth Centre, 38 – 42 High Street, Wealdstone, HA3 7AE 020 8416 8667	

Please remember, all our timetables can be found in the photo sections



www.facebook.com/harrowcc



Safeguarding is EVERYONE'S RESPONSIBILITY If you are concerned about a child call 020 8901 2690 on weekends or after 5pm call 020 8424 0999

> Domestic Abuse Support and Advice

If you are feeling unsafe or are experiencing domestic violence you can seek support by calling the Golden Number 020 8901 2690 or the DA helpline on 020 8907 8148 24 hrs 0808 2000 247 Stay safe!

UNICEF - Article 31 – You have the right to play & rest