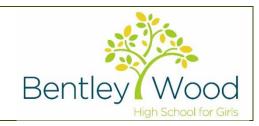
Physical Education Department Curriculum Overview



Curriculum Overview

The Physical Education Curriculum at Bentley Wood will:

- Encompass an abundance of sports and enrichment experiences to encourage lifelong participation and a holistic development of every student.
- Be inclusive and encouraging of excellence despite differences in students' needs.
- Provide learning that is rich in knowledge, aided by professionals who are experts in Physical Education.
- Ensures progression through regular and timely assessments that encourage students to self-reflect and take account of their own learning.
- Equip students with the confidence, self-belief and passion to be driven in leading a happy and healthy lifestyle.
- Challenge students to develop a sense of leadership, an ability to problem solve and to communicate their ideas effectively through improved oracy and literacy.
- Develop student's personal ethics and values aiding their resilience and determination, particularly when facing challenging situations in life.
- Incorporate opportunities for students to demonstrate and practice their leadership skills to prepare for independence in further education and employment.
- Establish a high profile of Physical Education across the whole school including opportunities for staff to model active and healthy lifestyles.
- Builds on student knowledge each year through our spiral curriculum through a knowledge rich curriculum.
- Extra-curricular clubs provide students with additional sports that are not taught during curriculum time to broaden their sporting opportunities.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Introduction of core skills in the following:	Introduction of core skills in the following:	Introduction of core skills in the following:	Introduction of core skills in the following:	Introduction of core skills in the following:	Introduction of core skills in the following:
Year 7	NetballGymnastics/DanceBadmintonFootball	NetballGymnastics/DanceBadmintonFootball	 Volleyball Tag rugby Outdoor Adventurous Activities (OAA) Health related fitness (HRE) 	 Volleyball Tag rugby Outdoor Adventurous Activities (OAA) Health related fitness (HRE) 	AthleticsRoundersCricket	AthleticsRoundersCricketTrampolining
	Development of core skills and in the	Development of core skills in the following:	Development of core skills in the following:	Development of core skills in the following:	Development of core skills in the following:	Development of core skills in the following:
Year 8	NetballGymnastics/DanceBadmintonFootball	NetballGymnastics/DanceBadmintonFootball	 Volleyball Tag rugby Outdoor Adventurous Activities (OAA) Health related fitness (HRE) 	 Volleyball Tag rugby Outdoor Adventurous Activities (OAA) Health related fitness (HRE) 	AthleticsRoundersCricket	AthleticsRoundersCricketTrampolining
Year	Continued development of core skills and knowledge in the following:	Continued development of core skills and knowledge in the following:	Continued development of core skills and knowledge in the following:	Continued development of core skills and knowledge in the following:	Continued development of core skills and knowledge in the following:	Continued development of core skills and knowledge in the following:
9	NetballGymnasticsBadmintonFootball	NetballGymnasticsBadmintonFootball	 Volleyball Tag rugby Outdoor Adventurous Activities (OAA) Health related fitness (HRE) 	 Volleyball Tag rugby Outdoor Adventurous Activities (OAA) Health related fitness (HRE) 	AthleticsRoundersCricket	AthleticsRoundersCricketTrampolining
	Development of leadership skills and development of skills	Reflecting on leadership skills and development of skills for the following activities:	Planning, assisting and leading sport and physical activity	Planning, assisting and leading sport and physical activity	Planning and leading of Primary School Sports Day. Further development of skills	Development of core skills and introduction of advanced skills in the following:

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 10	for the following activities: Netball Football Volleyball Health related fitness (HRE)	 Netball Football Volleyball Health related fitness (HRE) 	sessions in a variety of the following activities: Outdoor Adventurous Activities (OAA) Tag rugby Leadership	sessions in a variety of the following activities: Outdoor Adventurous Activities (OAA) Tag rugby Leadership	for the following activities: • Athletics • Rounders • Cricket	AthleticsRoundersCricketTrampolining
Year 11	Consolidation of core skills and advanced skills in the following activities: Netball Football Volleyball Health related fitness (HRE)	Consolidation of core skills and advanced skills in the following activities: Netball Football Volleyball Health related fitness (HRE)	Consolidation of core skills and advanced skills in the following activities: Outdoor Adventurous Activities (OAA) Tag rugby Basketball Badminton	Consolidation of core skills and advanced skills in the following activities: Outdoor Adventurous Activities (OAA) Tag rugby Badminton Basketball	Consolidation of core skills and advanced skills in the following activities: • Athletics • Rounders • Cricket	Study leave