
















FRESH SEASONAL
VEGETABLES
AVAILABLE DAILY

YOUR MENU

WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TILLER & HOBS PRESENTS 	Meal Deals Sausage & Mash Served with Gravy & Vegetables Inc choice of Dessert 	Meal Deals Mac & Cheese Served with Veg, Slaw & Edamame Beans Inc choice of Dessert	Meal Deals Roast Turkey Served with Gravy, Roast Potatoes & Medley of Cauliflower /veg Inc choice of Dessert 	Meal Deals Lamb Keema Curry With rice, veg & Slaw Inc choice of Dessert 	Meal Deals Fish Fingers Served with Chips, Peas & Slaw Inc choice of Dessert
	Quorn Vegan Sausage Served with Gravy & Veg Inc choice of Dessert 	Sweet & Sour Veggie balls Served with Rice or Noddle's Inc. choice of Dessert 	Veg & Lentil Roast Served with Gravy, Roast Potatoes & Cauliflower/veg Inc. choice of Dessert	Chickpea Curry With Rice, veg & slaw In choice of Dessert	Bean Burger with Chips, Pease & slaw Inc choice of Dessert 
	SUPER BOWL Black Bean Rice With Salad 	TOP DOG The Oriental Served with Wedges & Salad 	SUB CLUB Korean Aubergine Served with Wedges & Salad 	WRAPTASTIC Cajun Sweet Potato Served with Wedges & Salad 	WEDGES RELOADED Boston Bacon Bean Loaded Fries With Salad 
JUST DESSERTS	Jam & Coconut Sponge with Custard or cookie or Piece of Fruit	Apple Crumble with Custard or cookie or Piece of Fruit	Chocolate Cake with Chocolate sauce or Piece of Fruit	Sticky Toffee Loaf with Custard or cookie or Piece of Fruit	Pineapple Sponge with Custard or cookie or Piece of Fruit

 Plant Based (Vegan Friendly)  Vegetarian



YOUR MENU



WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TILLER & HOBS PRESENTS 	Meal Deals Korean BBQ Chicken Meatballs with Wedges, Slaw & sweetcorn Inc choice of Dessert	Meal Deals Lamb Spaghetti Bolognese with Garlic Bread & Sides Inc choice of Dessert	Meal Deals Jerk Chicken Thigh with Gravy, Potatoes & Veg Inc choice of Dessert	Meal Deals Caribbean Chicken Curry Served with Rice & Veg/Corn Inc choice of Dessert	Meal Deals Breaded Fish Served with Chips, Peas & Slaw Inc choice of Dessert
	Veggie Meatballs Served with soyabeans, Asian cucumber Inc choice of Dessert	Mexican Veggie Burrito Served with Garlic Bread or & Mexican savoury rice	Quorn Roast Served with Gravy Potatoes ,carrots & Broccoli	Caribbean Vegetable Curry Served with Rice & Veg /Corn	Bean Burger Served with with Chips, Peas & Slaw or Nachos & Guacamole cheese Inc. choice of Dessert
	WRAPTASTIC	WEDGES RELOADED	SUB CLUB	TOP DOG	SUPER BOWL
	Cajun Sweet Potato Asian Cucumber Soya Beans & Salad	Tomato Salsa wedge Nachos Guacamole & Salad	Sweet Chilli Tuna Melt coleslaw & salad	Cajun Dog with Wedges with Salad	Indian Rice Bowl Lemon & mint dressing BBQ Beans & Salad
JUST DESSERTS	Pear & Banana crumble with Custard or cookie or Piece of Fruit 	Apple & Berry Sponge with Custard or cookie or Piece of Fruit 	Lemon Drizzle Cake with Custard or cookie or Piece of Fruit 	Apple Crumble with Custard or cookie or Piece of Fruit	Chocolate Rice Crispy Cake with Custard or cookie or Piece of Fruit
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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TILLER & HOBS PRESENTS 	Meal Deals Lamb or chicken Lasagne With Salad, Veg & Slaw Inc choice of Dessert	Meal Deals Chicken & Veg Pie Served with Mash Gravy & Sweetcorn & Broccoli Inc choice of Dessert	Meal Deals Roast Chicken Served with Gravy Potatoes & Vegetables Inc choice of Dessert	Meal Deals Chicken Tikka curry Served with Rice, Red Cabbage & Veg Inc choice of Dessert	Meal Deals Battered Fish Served with Chips, Peas & slaw Inc choice of Dessert
	Veggie Lasagne With Salad, Veg & Slaw Inc choice of Dessert	Quorn Mince & Veg Pie Mash Gravy & Sweetcorn & Broccoli Inc choice of Dessert	Veg Roast Served with Gravy Potatoes & Vegetables Inc choice of Dessert	Vegetable Tikka Served with Rice & Veg In choice of Dessert	Quorn Nuggets Served with Chips, Peas & slaw Inc choice of Dessert
	SUPER BOWL BBQ Rice Bowl With Salad	SUB CLUB Mediterranean Vegetable with Wedges & Salad	TOP DOG Mexican Dog Served with Wedges & Salad	SUPER BOWL Indian Vegetable Rice Bowl coleslaw salad, BBQ Baked Beans & Salad	WEDGES RELOADED Korean Fries With Salad
JUST DESSERTS	Courgette & Lemon Muffin with cookie or Piece of Fruit	Eves Pudding with Custard or cookie or Piece of Fruit	Apple Crumble with Custard or cookie or Piece of Fruit	Pineapple Sponge with Custard or cookie or Piece of Fruit	Ice Cream with Piece of Fruit



Plant Based (Vegan Friendly)



Vegetarian